

OSL Dosimeters

2/11/2011

General

General

General

- Optically stimulated luminescence (OSL) is a methodology that can be employed in personnel dosimetry to determine the “dose of record.”
- It is an alternative to thermoluminescent dosimetry and film dosimetry.
- Materials suitable for OSL are similar to those used in thermoluminescent dosimetry, i.e., they are crystalline solids. In many cases, the same material can be used either as an OSL dosimeter or a TLD.

General

General

- Optically stimulated luminescence (OSL) and thermoluminescence (TL) are very similar – the only difference is the manner in which the electrons are freed from their traps.
- OSL dosimeters are of more recent vintage than thermoluminescent dosimeters (TLDs).

General

Basic Mechanism

- Radiation energy deposited in the material promotes electrons from the valence band to the conduction band.
- These electrons move to traps in the band gap.
- The greater the radiation energy absorbed (dose), the greater the number of trapped electrons.
- When it is time to assess the dose, the trapped electrons are freed by exposing the dosimeter to light.

General

Basic Mechanism

- When the electrons are freed, they fall to a lower energy level and emit light photons.
- The intensity of the emitted light is measured and used to calculate the dose.
- Not all the electrons are freed from their traps. If the light output from the OSL dosimeter is analyzed over a short period of time, many electrons will remain trapped. This means that the dosimeter can be reread many times without a significant loss of signal.

General

Advantages of OSL Dosimeters

- OSL dosimeters can be read at room temperature. This simplifies the design of the equipment.
- No need for nitrogen gas.
- The use of OSL powders deposited in thin layers creates a two-dimensional detector with imaging capabilities much like film.
- No correction factors are needed for individual elements.

General

Advantages of OSL Dosimeters

- Unlike a TLD, OSL dosimeters can be reread multiple times.

Depending on the illumination conditions, there will be a decrease of signal of less than one percent in a second reading.

Used OSL badges are often archived for several years.

- No fading except in extreme temperatures.
- No annealing required.

General

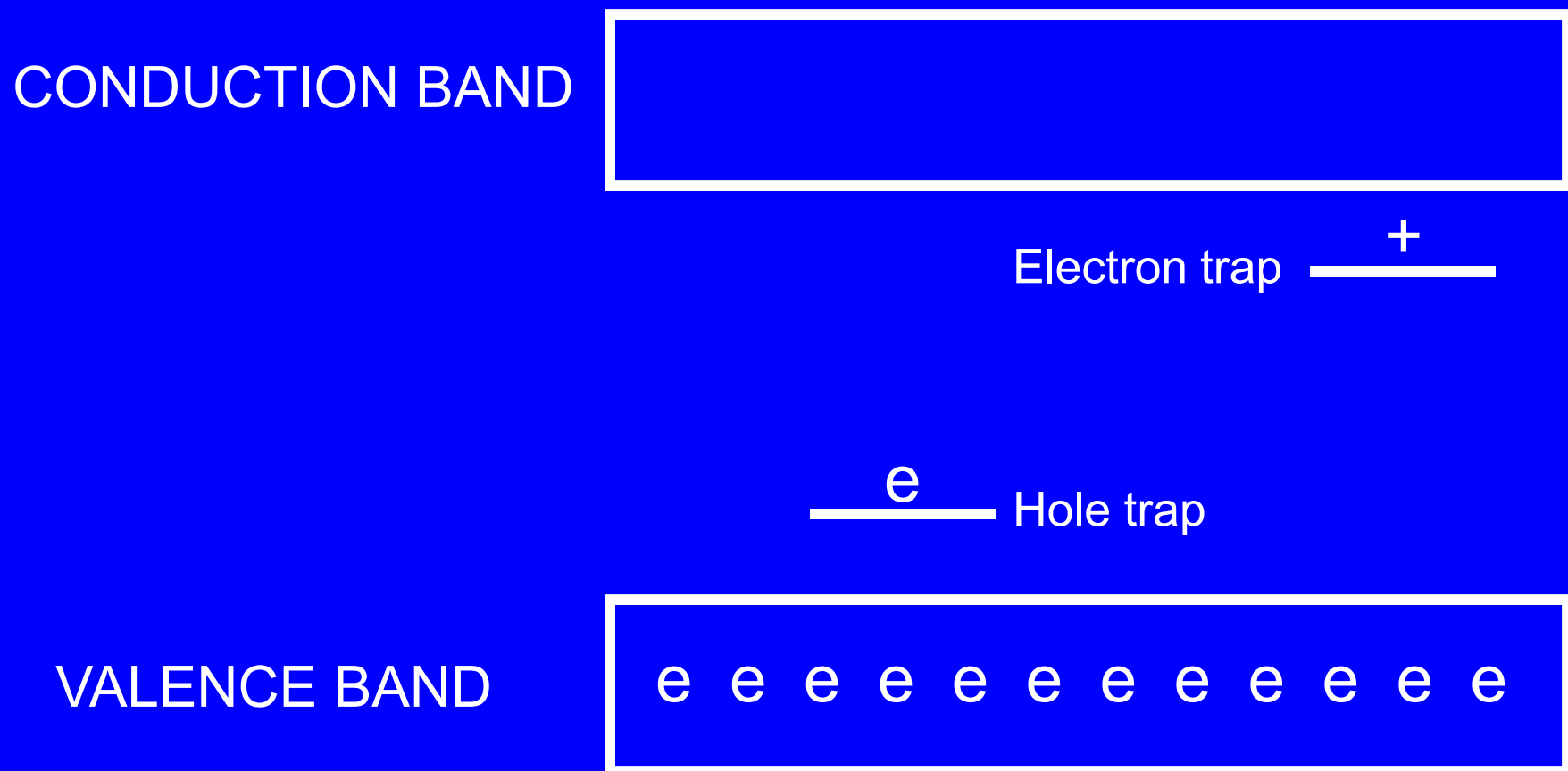
Disadvantages of OSL Dosimeters

- The OSL system is more expensive to use than TLDs.
- Workers might wonder why doses are being reported with OSL dosimeters when no dose was reported with TL dosimeters.
- Uncertainties in background brings into question the validity of reporting doses of a few mrem.

Absorption and Trapping of Radiation Energy

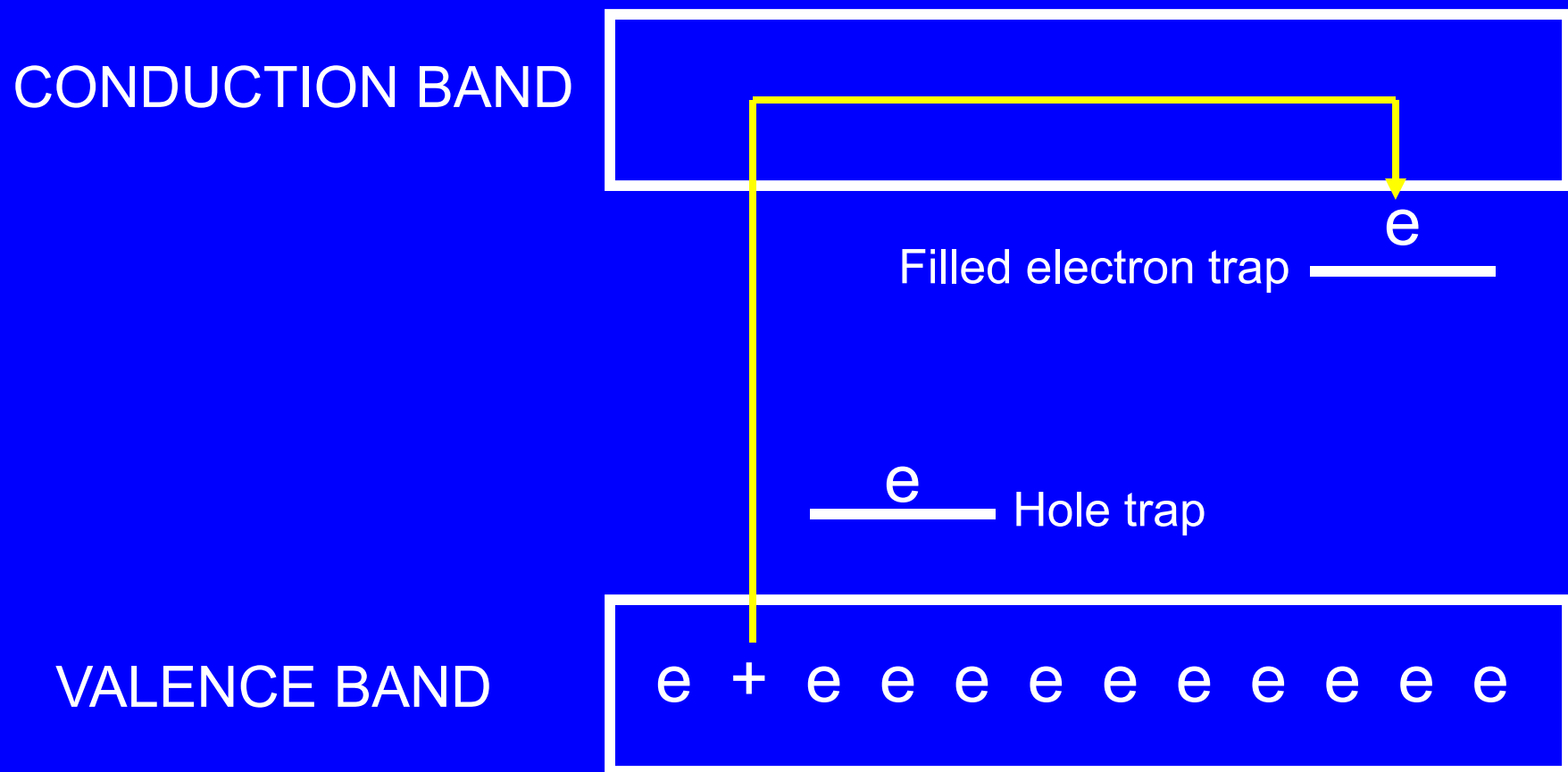
Absorption and Trapping of Energy

Electron in the valence band absorbs some of the radiation energy.



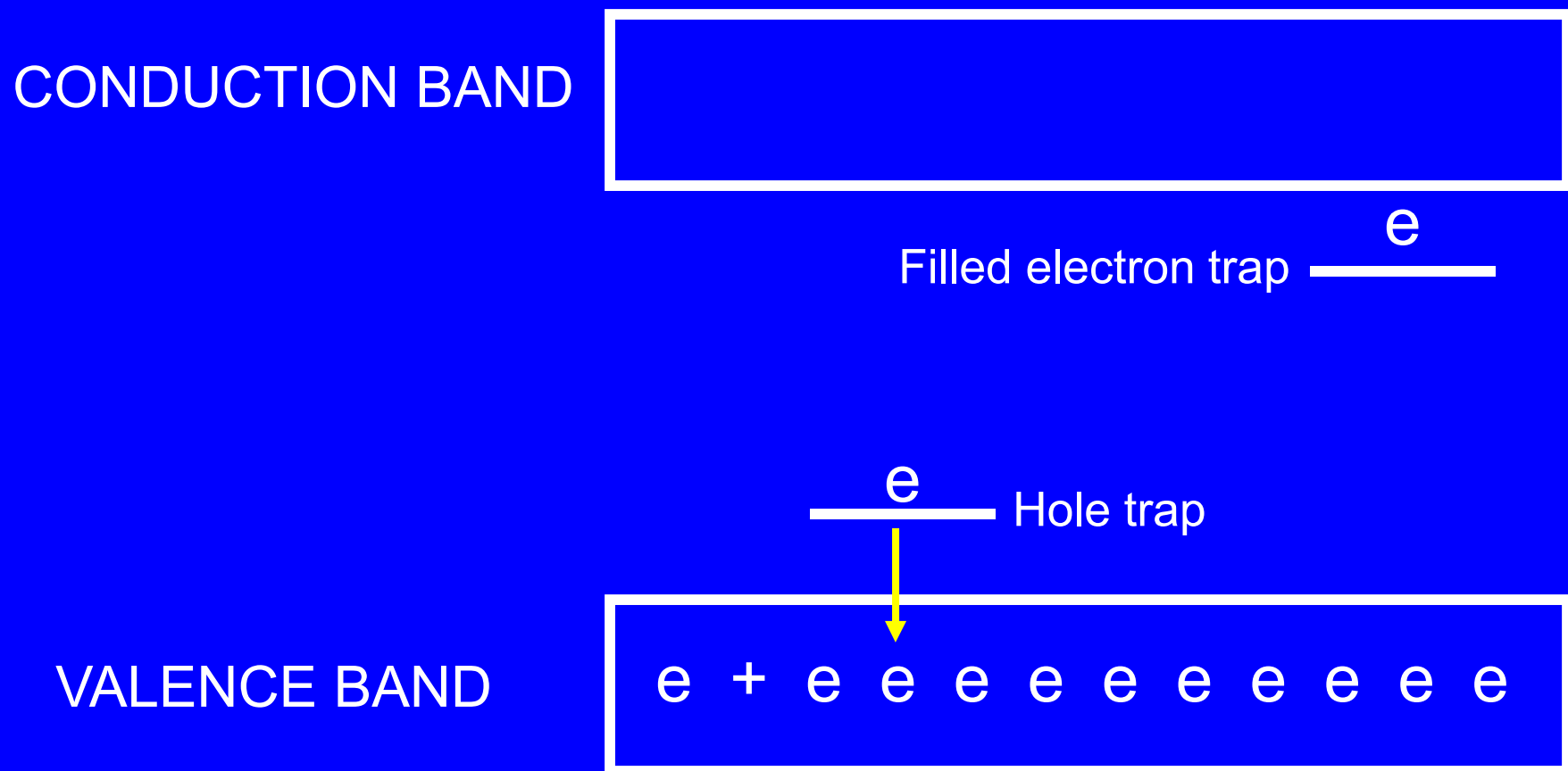
Absorption and Trapping of Energy

Electron promoted to the conduction band. It then moves to a positively charged electron trap.



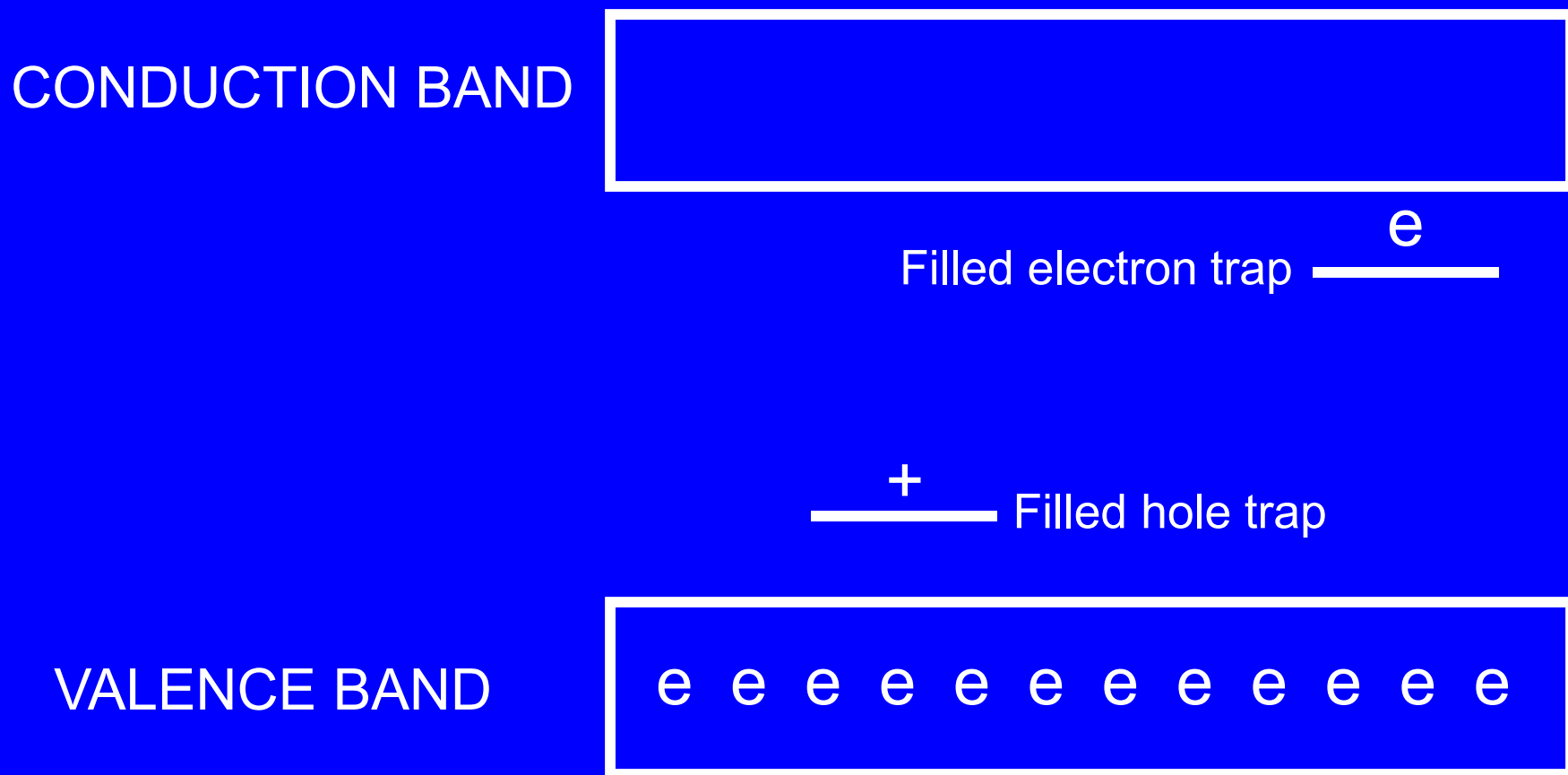
Absorption and Trapping of Energy

Extra electron at hole trap falls to fill newly created hole in the valence band.



Absorption and Trapping of Energy

Both the electron trap and the hole trap are now filled. This represents trapped energy.



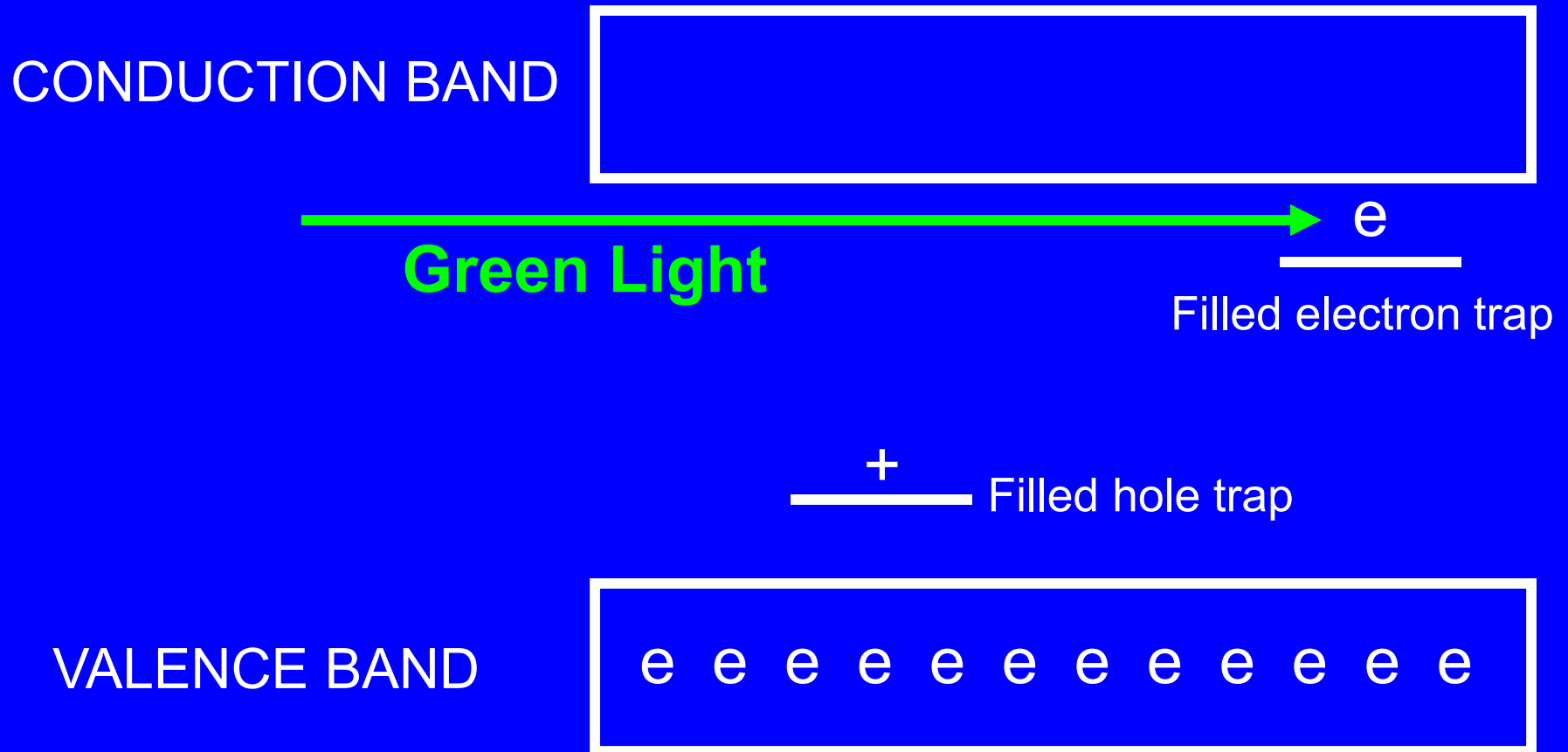
Absorption and Trapping of Energy

- The net effect is that the electron originally at the hole trap has been promoted to the higher energy level of the electron trap.
- The greater the radiation energy absorbed, the greater the number of filled electron traps.

Optically Stimulated Light Emission

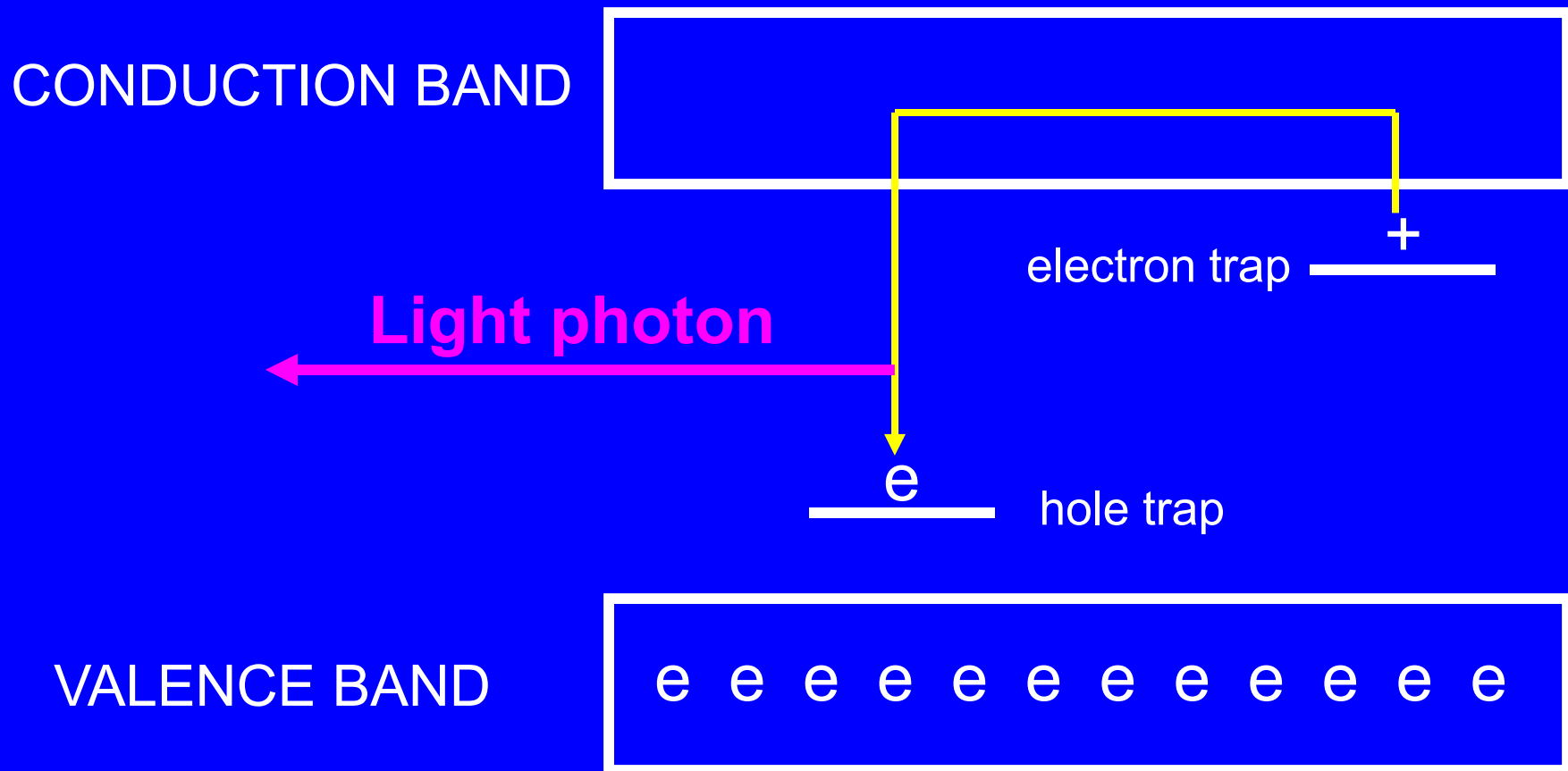
Optically Stimulated Light Emission

Green light is used to free trapped electron.



Optically Stimulated Light Emission

Electron absorbs light energy, moves through conduction band to hole trap, and emits light.



or

Optically Stimulated Light Emission

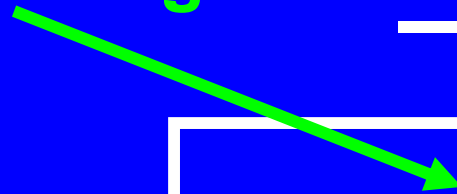
Valence band electron absorbs light energy, and moves to filled hole trap, leaving a hole in valence band.

CONDUCTION BAND



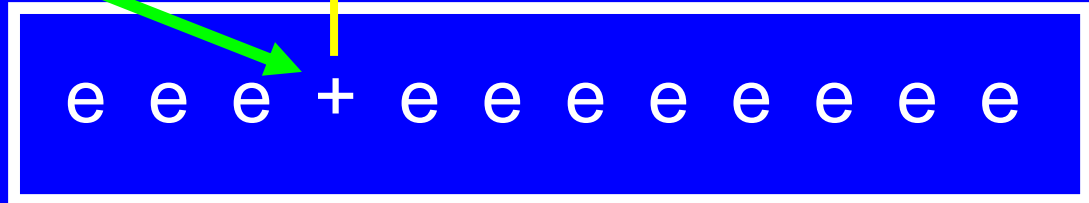
Filled electron trap e

Green Light



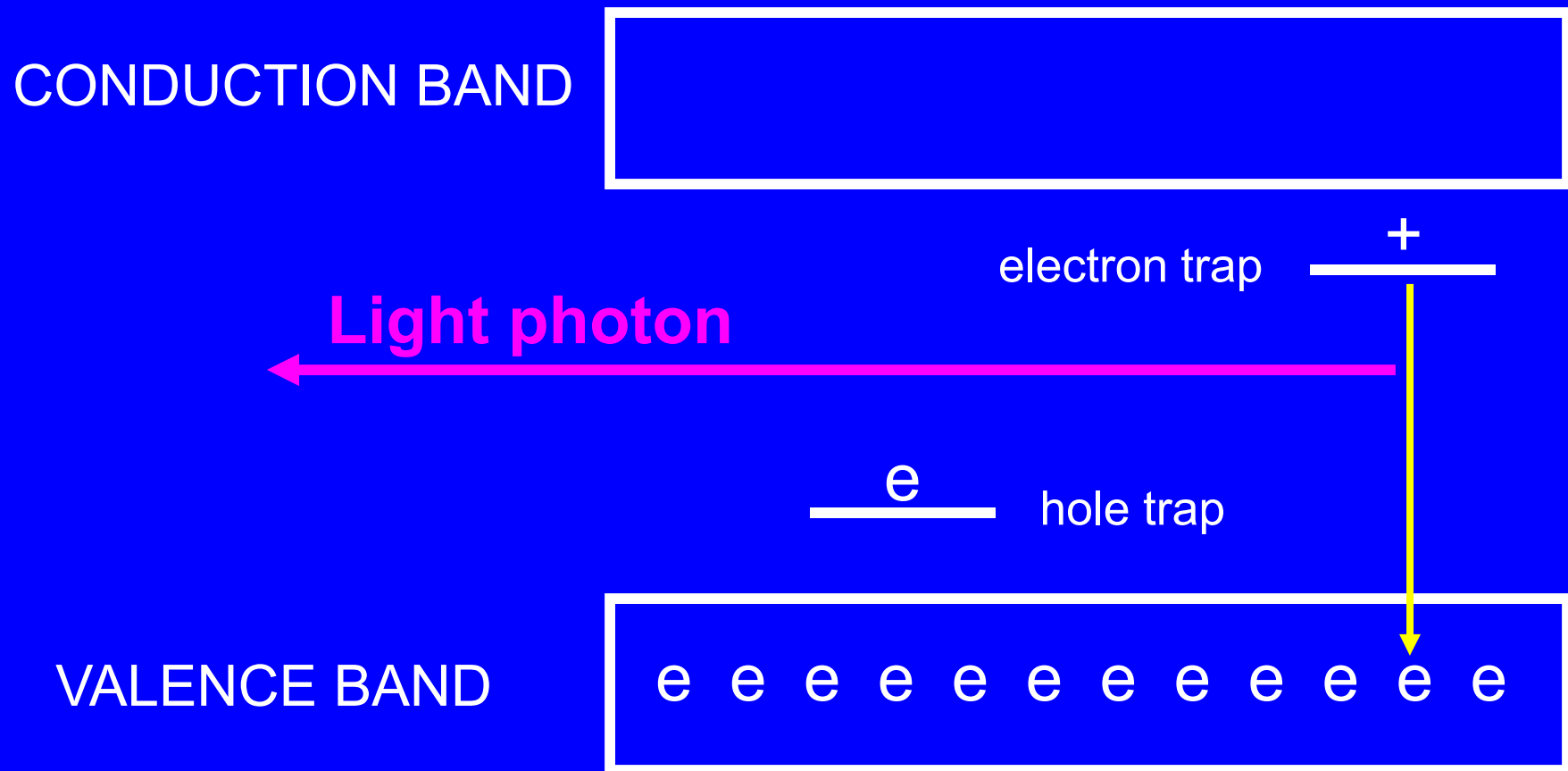
 e hole trap

VALENCE BAND



Optically Stimulated Light Emission

Trapped electron falls to fill vacancy in valence band and emits light.



Optically Stimulated Light Emission

The measured intensity of the emitted light (i.e., the number of photons emitted) is used to estimate the dose.

Landauer OSL Dosimeters

Landauer OSL Dosimeters

General

- At present, Landauer is the only company that offers OSL dosimeters.
- These dosimeters employ $\text{Al}_2\text{O}_3:\text{C}$.
- Meet NVLAP requirements for personnel dosimetry
- Landauer offers two versions of OSL dosimeter systems:
 - Luxel Dosimeter
 - InLight Dosimeter

Luxel OSL Dosimeters

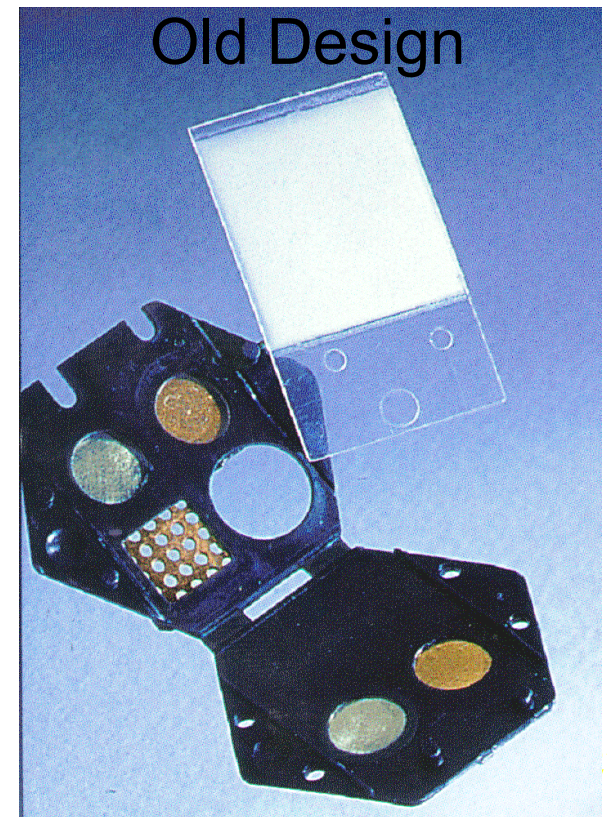
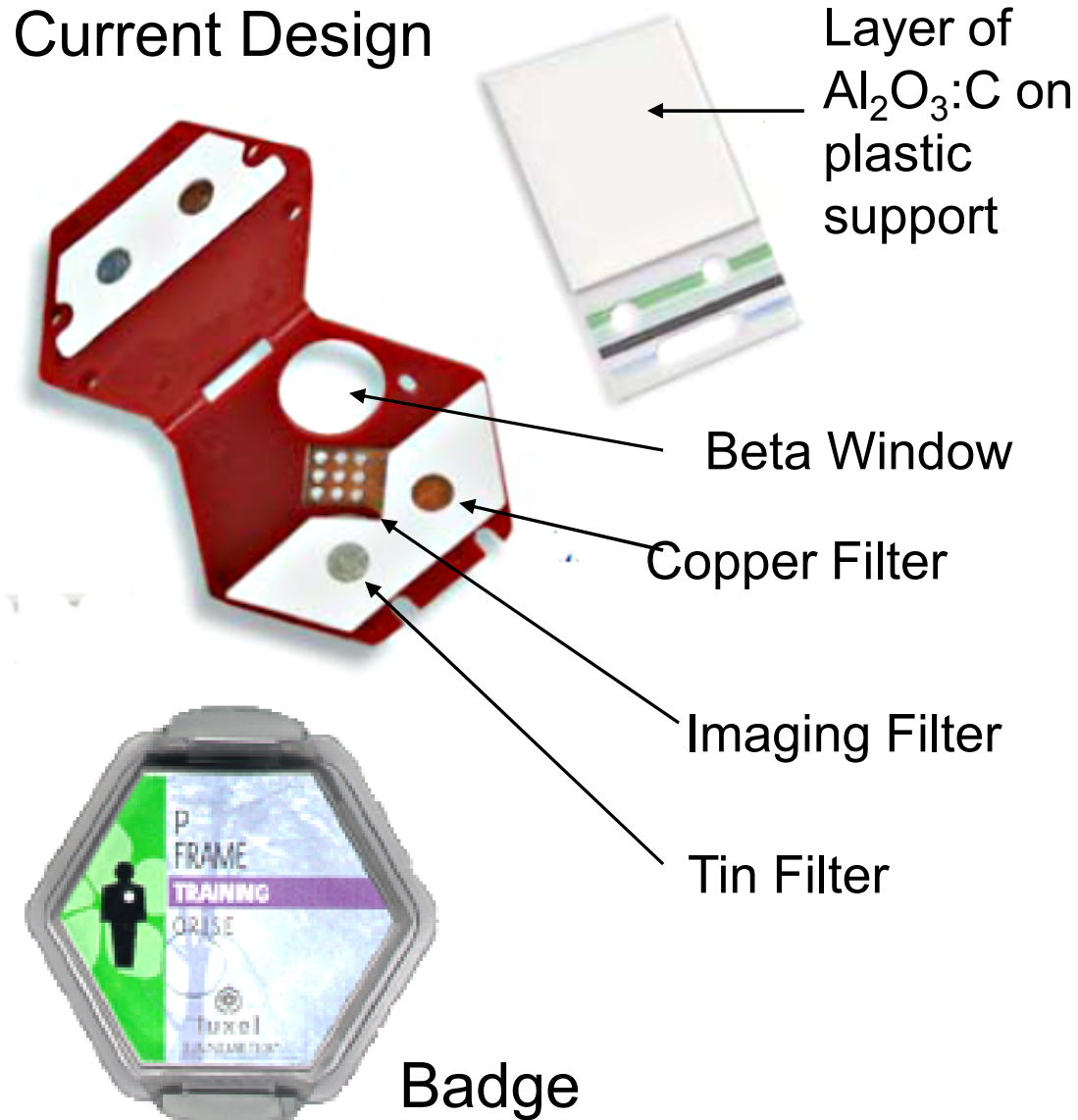
Landauer OSL Dosimeters

General

- Landauer's LUXEL dosimeters employ $\text{Al}_2\text{O}_3:\text{C}$ as the OSL material. The $\text{Al}_2\text{O}_3:\text{C}$ is bonded in a thin layer to a plastic substrate.
- Copper and tin filters are used to estimate the energy of the radiation and correct for the slight over response at low photon energies.
- The imaging filter (perforated copper) in the middle of the badge is used to qualitatively assess the exposure conditions.

Landauer OSL Dosimeters

Current Design



Landauer OSL Dosimeters

General

- A circular window on the upper portion of the badge allows a portion of the $\text{Al}_2\text{O}_3:\text{C}$ layer to respond to betas.
- To provide a capability for neutron dosimetry, a small sheet of CR-39 track etch plastic can be included in the plastic pack.
- The Luxel dosimeters are sent to Landauer for the dose assessment and archiving.

Landauer OSL Dosimeters

Stimulating Light

- Landauer's stimulation source is a pulsed argon laser beam with a frequency (pulse rate) of 4000 Hz. Each light pulse lasts 250 ns.
- The argon laser emits a green light at 514 nm.
- These pulses free some, but not all, of the trapped electrons.
- The freed electrons will emit light as they fall to a lower energy level (see Appendix B and C for a more complete discussion).

Landauer OSL Dosimeters

Measuring the Emitted Light

- Nine microseconds after a pulse, the measurement of the emitted light begins. The measurement continues until the next light pulse from the laser (238 μ s).
- An initial (test) reading is performed with a low intensity laser beam. This involves 10 integrations of 40 pulses (400 pulses total) and takes 100 milliseconds.

Landauer OSL Dosimeters

Measuring the Emitted Light

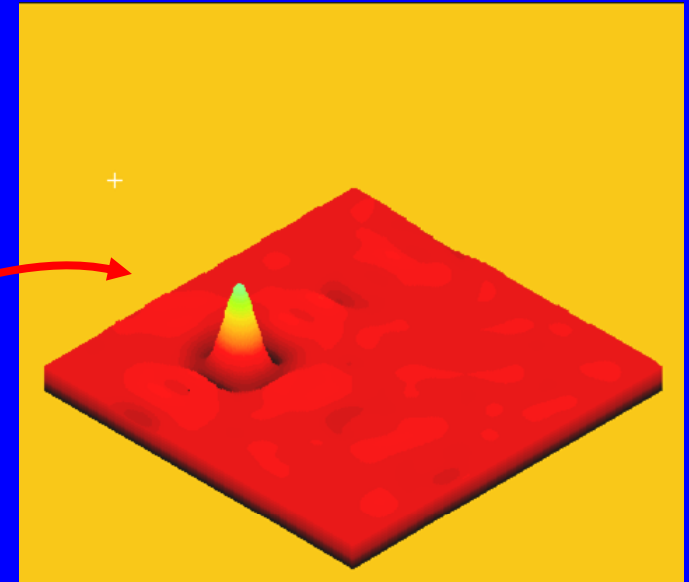
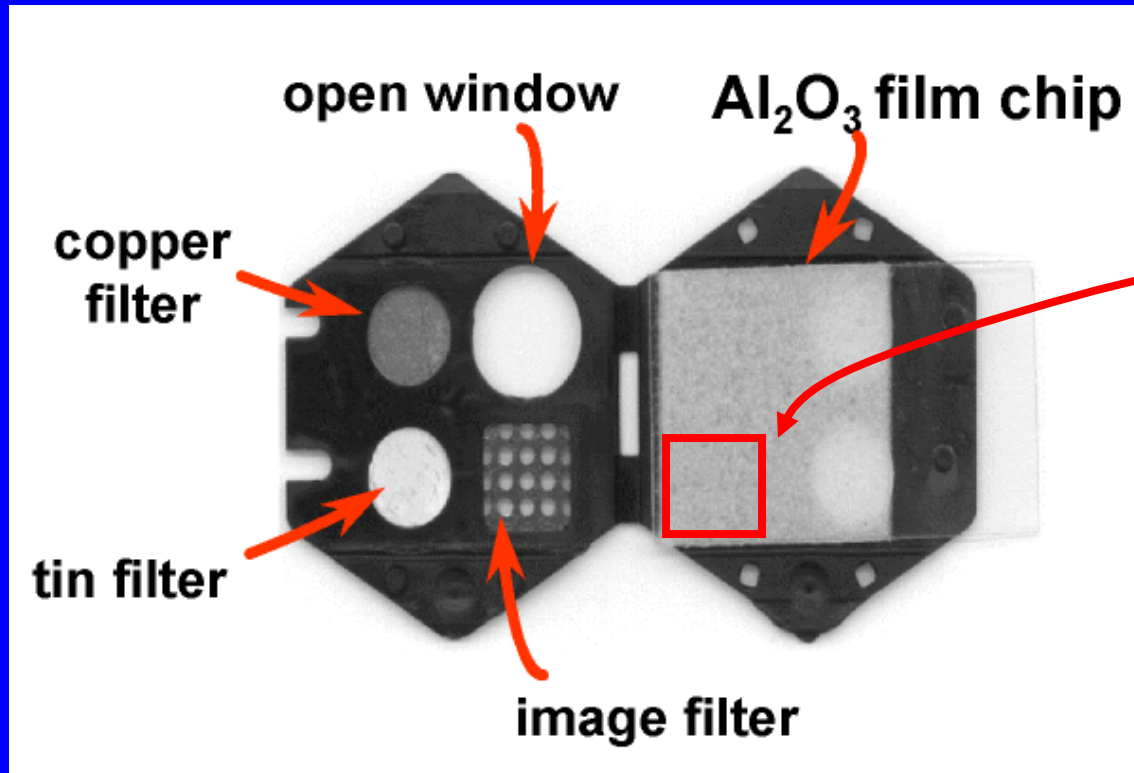
- If the dose is <100 mrem, a second reading is performed with a high intensity beam. This consists of ten integrations of 120 pulses (1,200 pulses total) and takes 300 milliseconds.
- The reading with the low intensity beam only burns up 1% or so of the usable signal.
- The reading with the high intensity beam burns up approximately 15% of the usable signal.

Landauer OSL Dosimeters

Imaging Filter

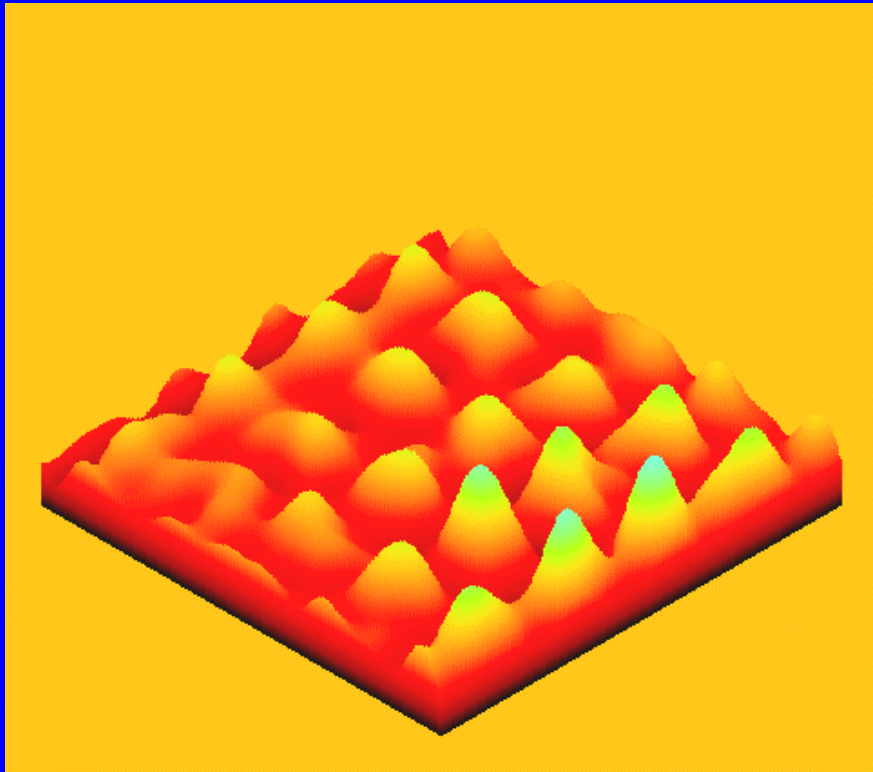
- An image is generated of the light emitted from a portion of the substrate covered by a grid (the “image filter”).
- By analyzing this image, it might be possible to determine if a seemingly high reading was due to contamination of the badge.
- It can also be possible to distinguish acute short term (static) exposures from continual (dynamic) exposures.

Landauer OSL Dosimeters

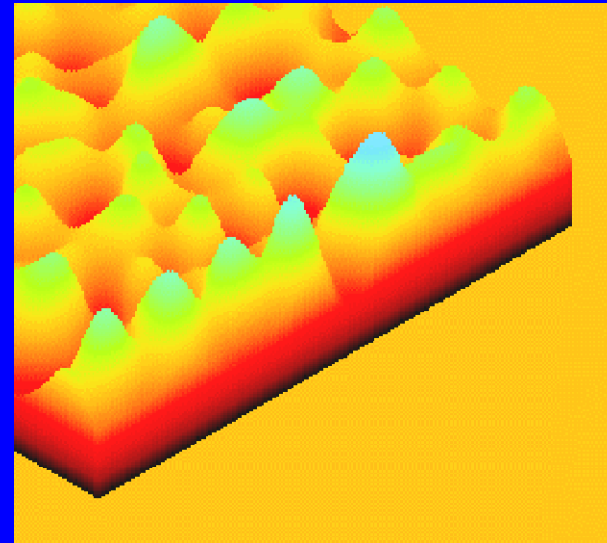


This shows the type of image seen when the badge exposure was at least partially due to badge contamination - the formation of the hills only occurs in an isolated region of the image.

Landauer OSL Dosimeters



Static image due to short-term exposure - peaks and valleys well defined.



Dynamic image due to continual exposure - peaks and valleys not well defined.

Landauer OSL Dosimeters

Energy Response

Photons: 5 keV to in excess of 40 MeV
Betas: 150 keV to in excess of 10 MeV

Sensitivity

Photons: 1 mrem (10 uSv) to 1000 rem (10 Sv)
Betas: 10 mrem (100 uSv) to 1000 rem (10 Sv)

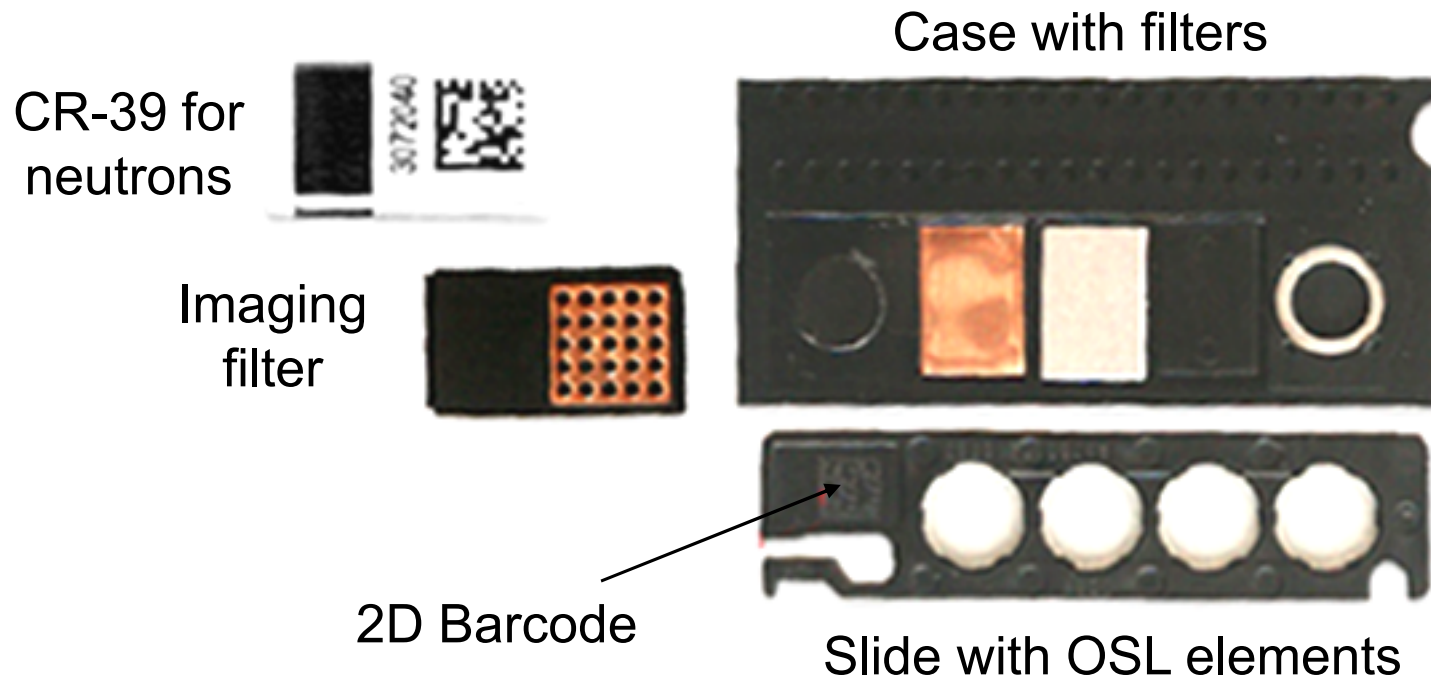
InLight OSL Dosimeters

InLight OSL Dosimeters

General

- Landauer's InLight dosimeters, like their Luxel dosimeters, employ $\text{Al}_2\text{O}_3:\text{C}$ as the OSL material.
- A difference is that the InLight system employs the OSL elements on a slide in a Panasonic style four position dosimeter holder.
- Like the Panasonic TLD dosimeter, the InLight dosimeter case employs aluminum, copper and plastic filters over the four elements.

InLight OSL Dosimeters



InLight OSL Dosimeters

General

- A barcode is used to identify both the dosimeter case and the slide.



InLight OSL Dosimeters

Stimulating Light

- The InLight system employs a bank of green LEDs (525 nm) in a continuous emission mode. Since the intensity is lower than that of the laser used with the Luxel system, longer read times are required.
- Use of LEDs eliminates laser safety issues.

InLight OSL Dosimeters



OSL microStar
dosimeter reader.

InLight OSL Dosimeters

Energy Response

Photons: 5 keV to in excess of 20 MeV

Sensitivity

Photons: 5 mrem (50 uSv) to 1000 rem (10 Sv)

InLight OSL Dosimeters

nanoDot

- Processed with inLight microStar reader.
- Used to assess the dose at a single point. Primarily geared to applications in radiology.
- nanoDot carrier is approximately 1 cm x 1 cm
- Employs a single OSL “element”
- 2 D barcode on one side has serial number and sensitivity code.
- Alphanumeric serial number and sensitivity code on other side.

References

References

Akselrod, A. et al. *Optically Stimulated Luminescence Response of Al_2O_3 to Beta Radiation*, Rad. Prot. Dos. 85(1-4):125-128; 1999.

Botter-Jensen, L. *Luminescence Techniques: Instrumentation and Methods Radiation Measurements* 27(5/6):749-768, 1997.

Botter-Jensen, L., Agersnap Larsen, N., Markey, B.G., and McKeever, S.W.S. *$Al_2O_3:C$ as a Sensitive Dosemeter for Rapid Assessment of Environmental Photon Dose Rates* Radiation Measurements 27(2):295-298, 1997.

References

Bulur, E., and Goksu, H.Y. *Pulsed Optically Stimulated Luminescence from $Al_2O_3:C$ using Green Light Emitting Diodes Radiation Measurements* 27(3):479-488, 1997.

McKeever, S.W.S. et al. *Characterization of Al_2O_3 for Use in Thermally and Optically Stimulated Luminescence Dosimetry*, Rad. Prot. Dos. 84 (1-4): 163-168; 1999.

McKeever, S.W.S. and Akselrod, M.S. *Radiation Dosimetry Using pulsed Optically Stimulated Luminescence of $Al_2O_3:C$* Rad. Prot. Dos. 84 (1-4): 317-320; 1999.

McKeever, S.W.S. and Akselrod, M.S. *Radiation Dosimetry Using pulsed Optically Stimulated Luminescence of $Al_2O_3:C$* Rad. Prot. Dos. 84 (1-4): 317-320; 1999.

References

Nuclear Regulatory Commission *NRC Broadens Use of Dosimeters to Reflect New Advances in Technology* NRC News No.00-157, October 11, 2000.

Nuclear Regulatory Commission *10 CFR Parts 34, 36, and 39 New Dosimetry Technology; Final Rule*, Federal Register 65 (206): 63750-63752. October 24, 2000.

Summers, G.P. *Thermoluminescence in Single Crystal Al_2O_3* , Rad. Prot. Dos. 8 (1): 69-80: 1984.

References

Yoder, R.C. *Optically Stimulated Luminescence Dosimetry*
Unpublished Presentation

Zelac, R.E. and R. Craig *Optically Stimulated Luminescence Dosimetry in Radiation Instruments* J. Higginbotham ed. HPS Summer School Proceedings 1996.

Appendix A:
Aluminum Oxide
(Al_2O_3)

Aluminum Oxide (Al_2O_3)

General

- Aluminum oxide (Al_2O_3) is the only material being employed in OSL dosimeters.
- Little is known about the identity of the electron traps in Al_2O_3
- Much more is known about the recombination centers and the hole traps.

Aluminum Oxide (Al_2O_3)

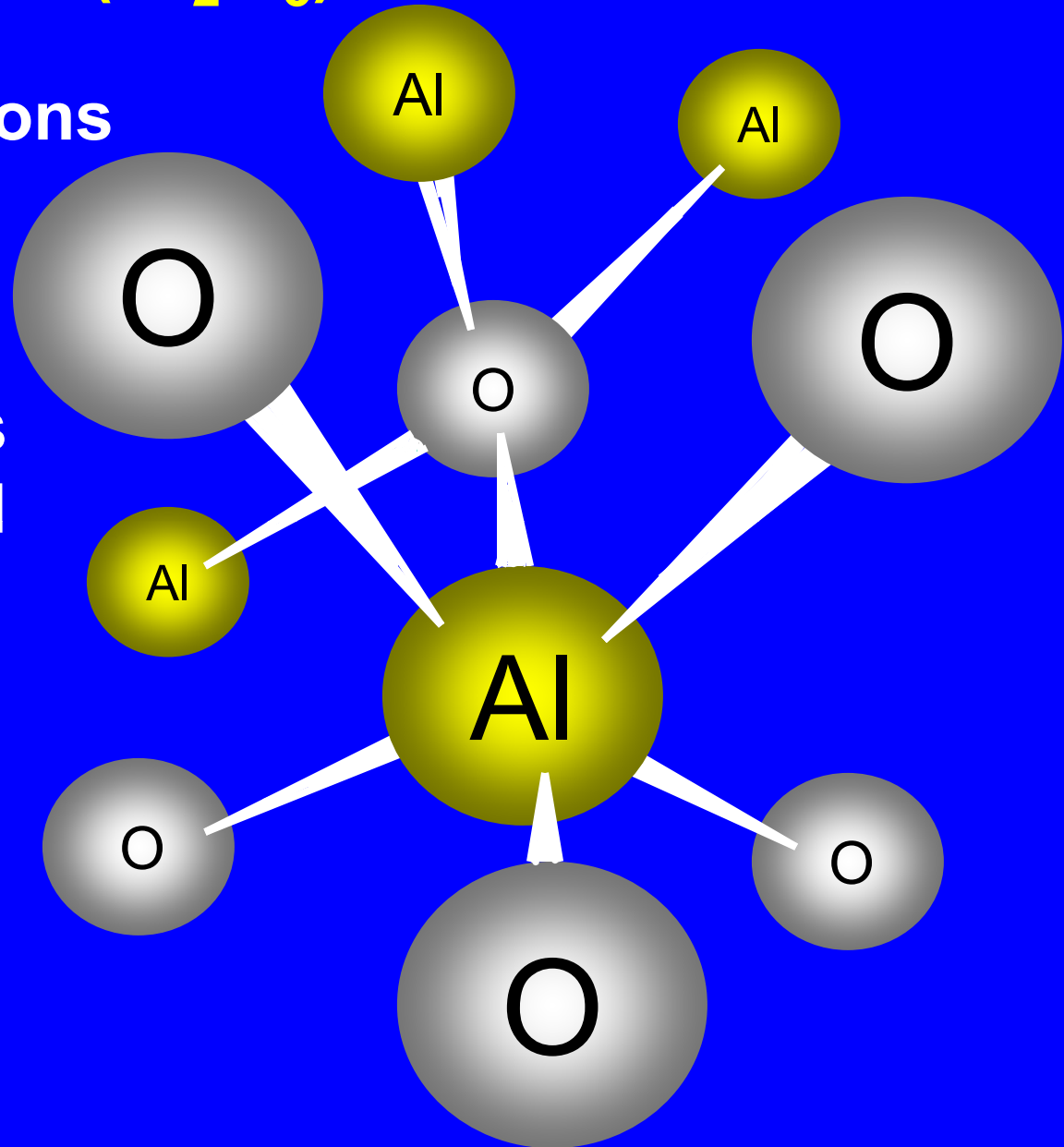
General

- Aluminum oxide (Al_2O_3) occurs naturally in only one form, corundum. Corundum is also known as alpha Al_2O_3 .
- Ruby is corundum colored by chromium. Sapphire is corundum colored with titanium and iron.
- Al_2O_3 is used in thermoluminescent dosimeters and in optically stimulated luminescent dosimeters.

Aluminum Oxide (Al_2O_3)

Arrangement of Ions in Al_2O_3 Lattice

The oxygen atoms
take on a distorted
hexagonal
arrangement
within a sublattice.



Aluminum Oxide (Al_2O_3)

Advantages of Aluminum Oxide ($\text{Al}_2\text{O}_3:\text{C}$)

- Extremely durable.
- Available in a variety of forms: single crystals, powders, and thin layers bonded to a substrate.
- Extreme sensitivity.
- Low fading at room temperatures.
- Relatively low effective atomic number which can reduce its energy dependence.
- Simple emission spectrum.
- Light output is linearly related to dose.

Aluminum Oxide (Al_2O_3)

General - $\text{Al}_2\text{O}_3:\text{C}$ as a TLD

- Aluminum oxide activated with carbon ($\text{Al}_2\text{O}_3:\text{C}$) was first used as a TL material in 1990 (Akselrod et al.).

Primary Advantage as a TLD

- Extreme sensitivity: 40-60 times that of LiF TLD-100. This makes $\text{Al}_2\text{O}_3:\text{C}$ particularly suitable as an environmental thermoluminescent dosimeter, and it is currently used for this purpose.

Aluminum Oxide (Al_2O_3)

Primary Disadvantages as a TLD

- Its TL output is heavily dependent on the heating (ramp) rate.
- It is extremely light sensitive.

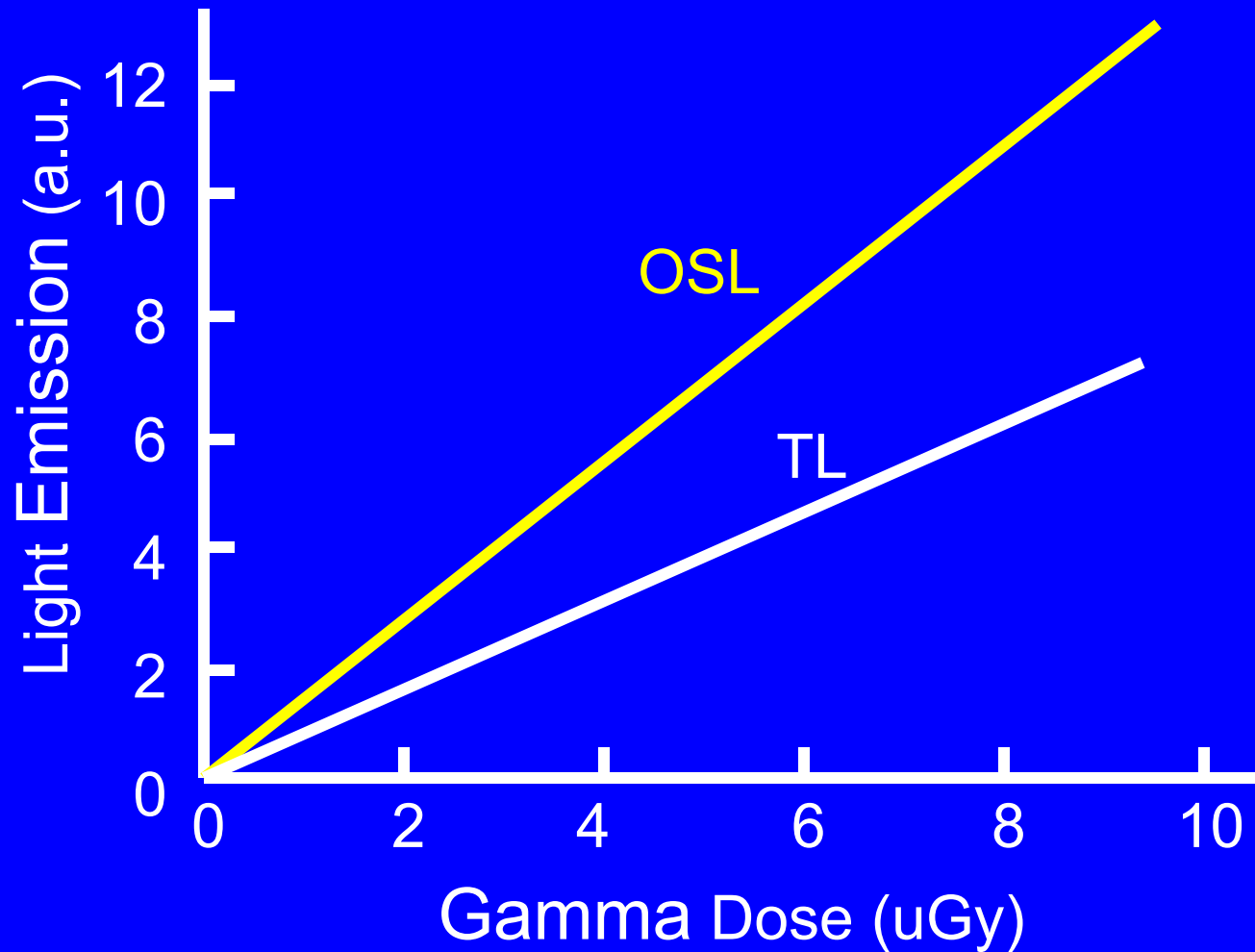
Aluminum Oxide (Al_2O_3)

General - $\text{Al}_2\text{O}_3:\text{C}$ as a OSL Dosimeter

- That $\text{Al}_2\text{O}_3:\text{C}$ was susceptible to light induced fading, suggested the potential of this material for optically stimulated luminescence.
- In fact, $\text{Al}_2\text{O}_3:\text{C}$ has greater sensitivity (light output per unit dose) when used in the OSL mode than in the TL mode.

Aluminum Oxide (Al_2O_3)

Al_2O_3 Light Output as a Function of Dose



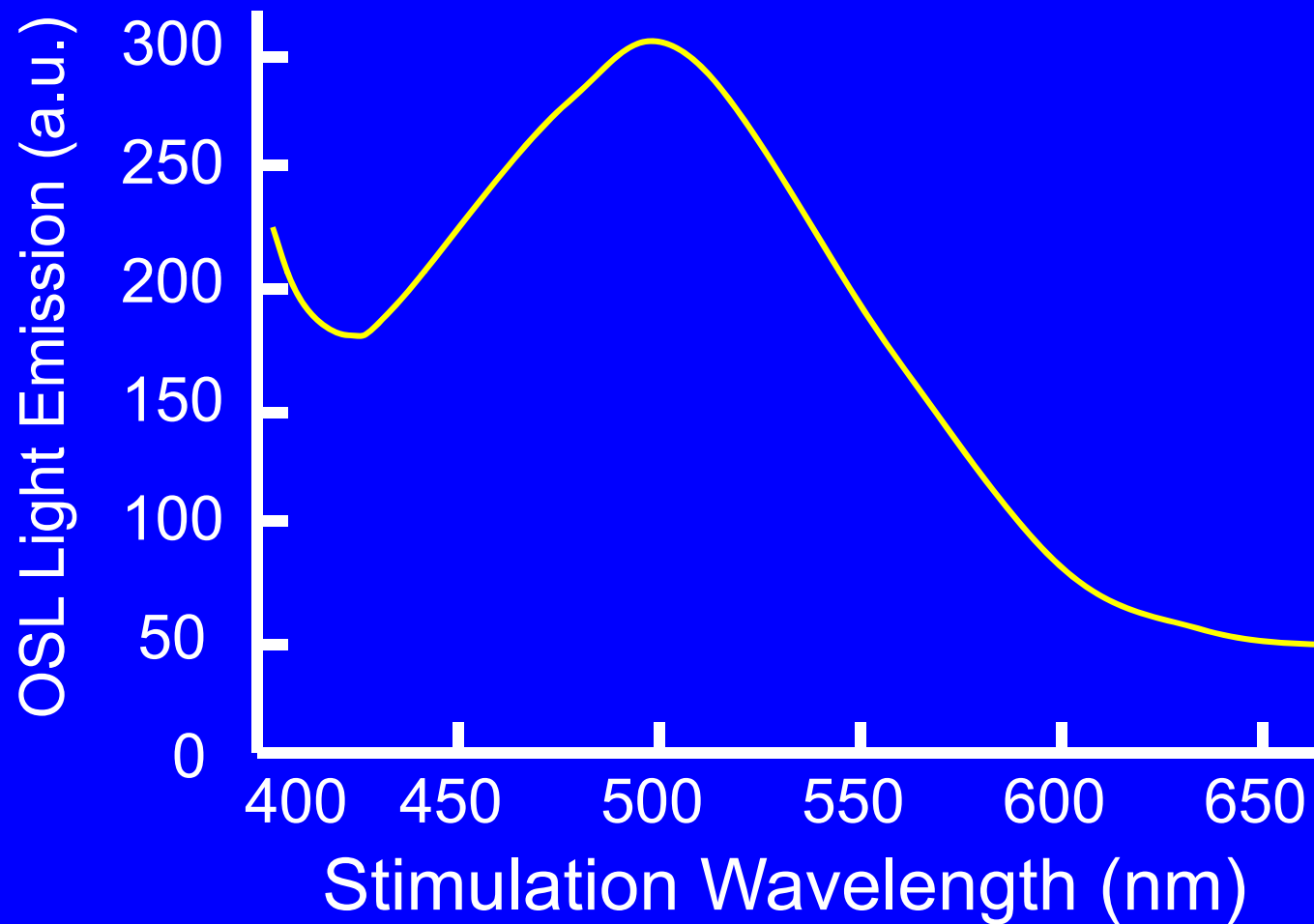
Aluminum Oxide (Al_2O_3)

Stimulating Light

- The intensity of the emissions from $\text{Al}_2\text{O}_3:\text{C}$ are greatest when stimulated by light with a wavelength of 500 nm.
- Because they emit light at 514.4 nm, argon lasers are the most common stimulating light source used with $\text{Al}_2\text{O}_3:\text{C}$.

Aluminum Oxide (Al_2O_3)

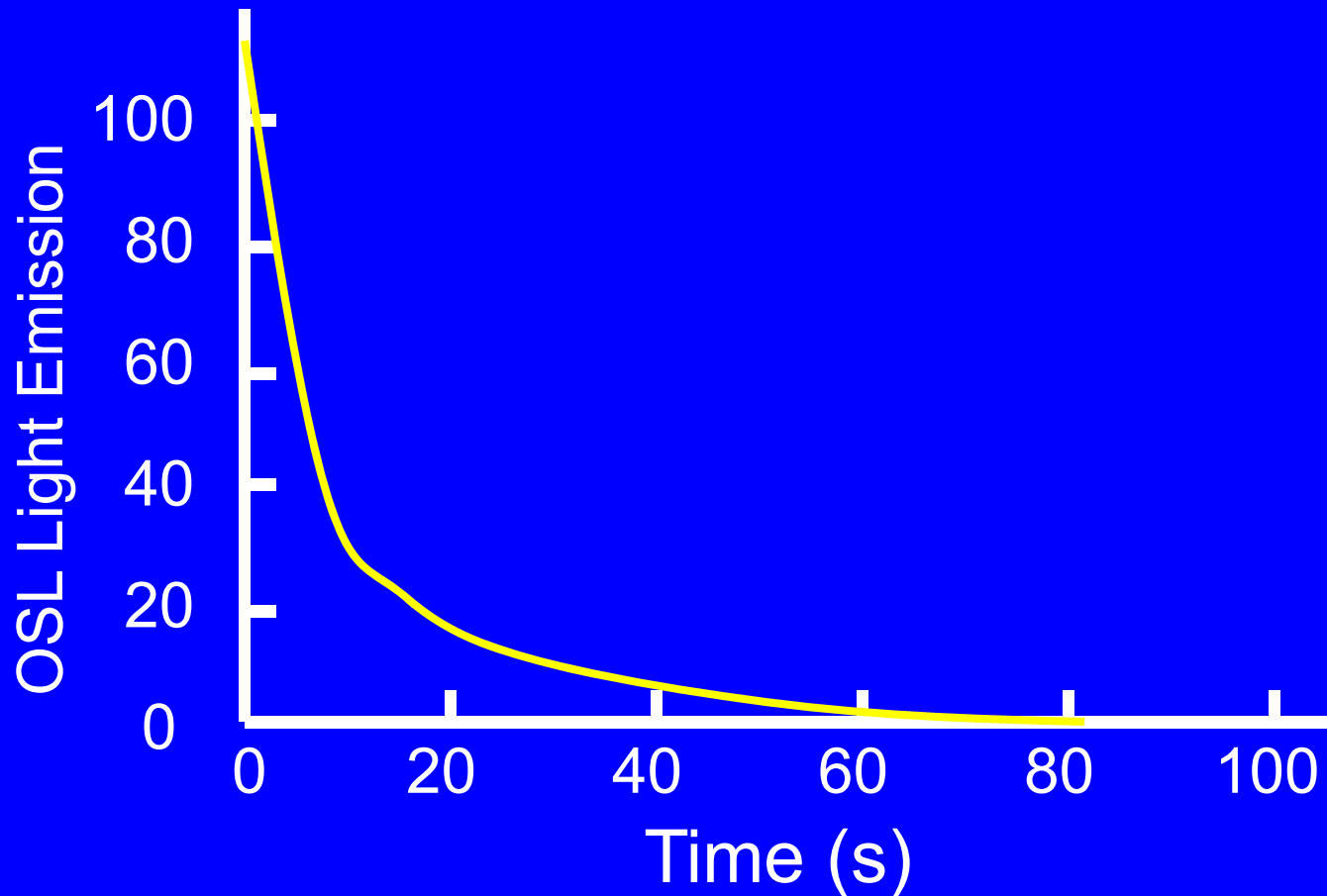
Al_2O_3 OSL Light Output as a Function of Stimulation Wavelength



Aluminum Oxide (Al_2O_3)

Light Emission

- After exposure to the stimulating source of light, the light emission rapidly decreases (decays).



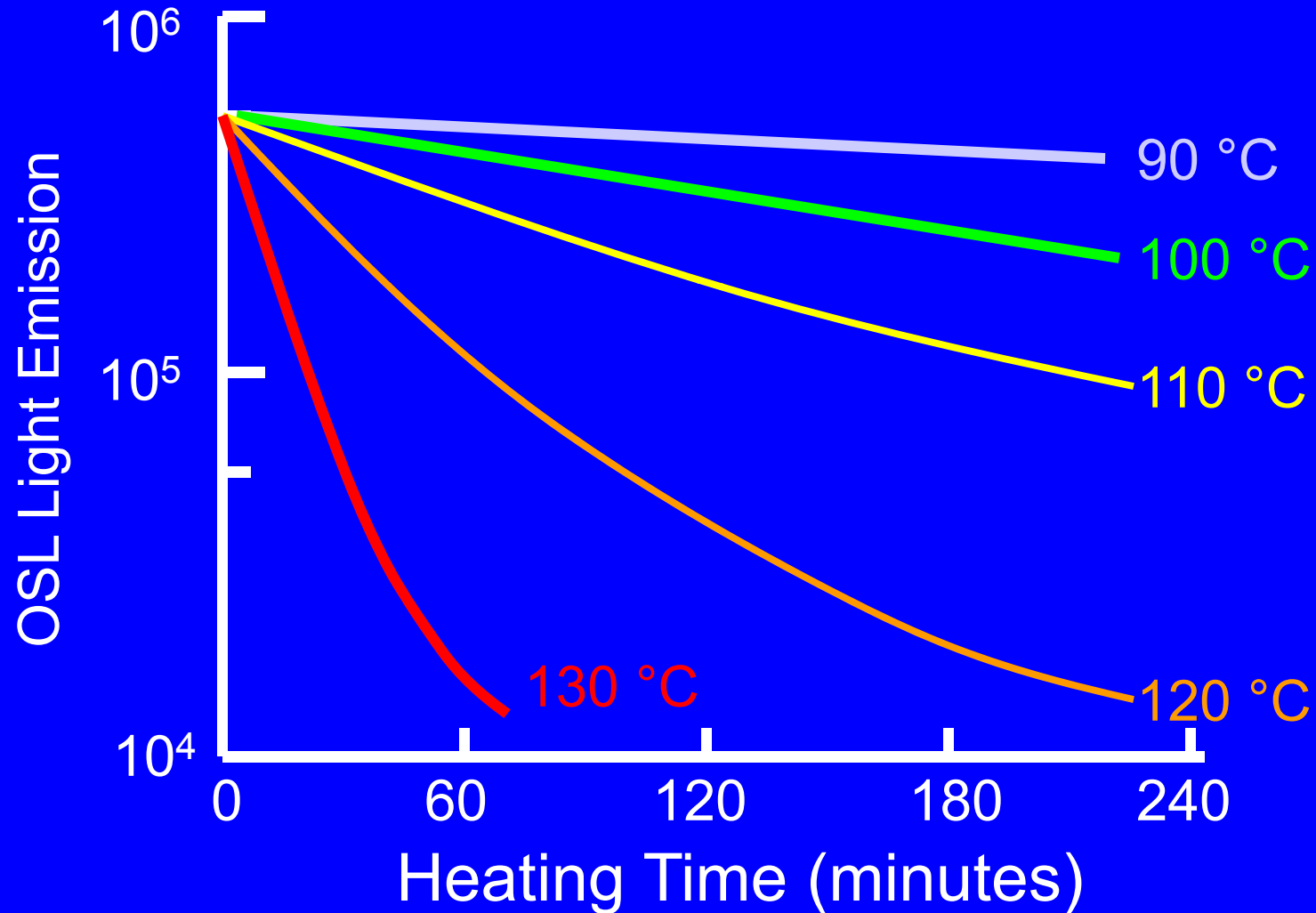
Aluminum Oxide (Al_2O_3)

Heat Induced Fading

- As can be seen from the following figure, the loss of signal over time (fading) would be negligible if the $\text{Al}_2\text{O}_3:\text{C}$ is maintained at room temperature $\text{Al}_2\text{O}_3:\text{C}$.
- However, storage at elevated temperatures for even short periods of time can significantly reduce the OSL signal.

Aluminum Oxide (Al_2O_3)

Al_2O_3 OSL Light Output as a Function of Storage Time at Various Temperatures

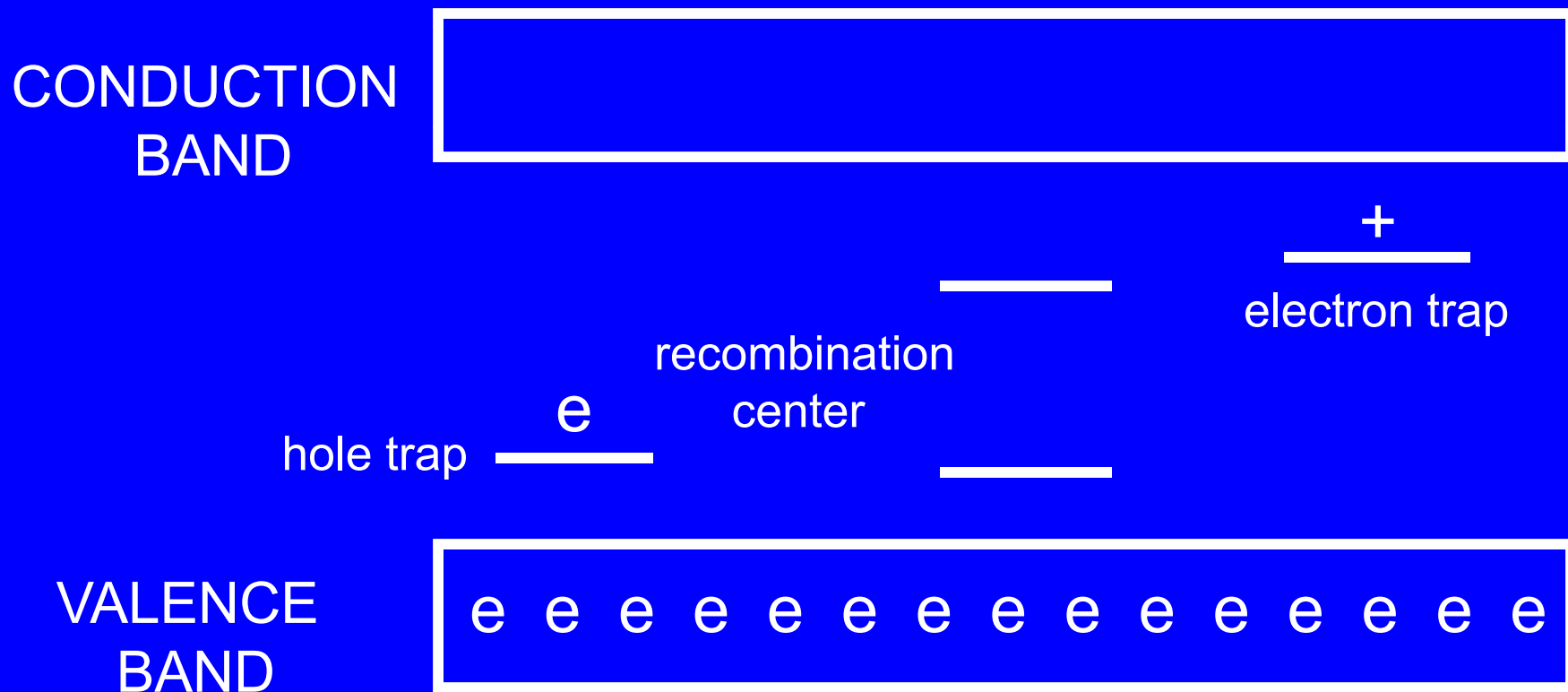


Appendix B:

Recombination Centers

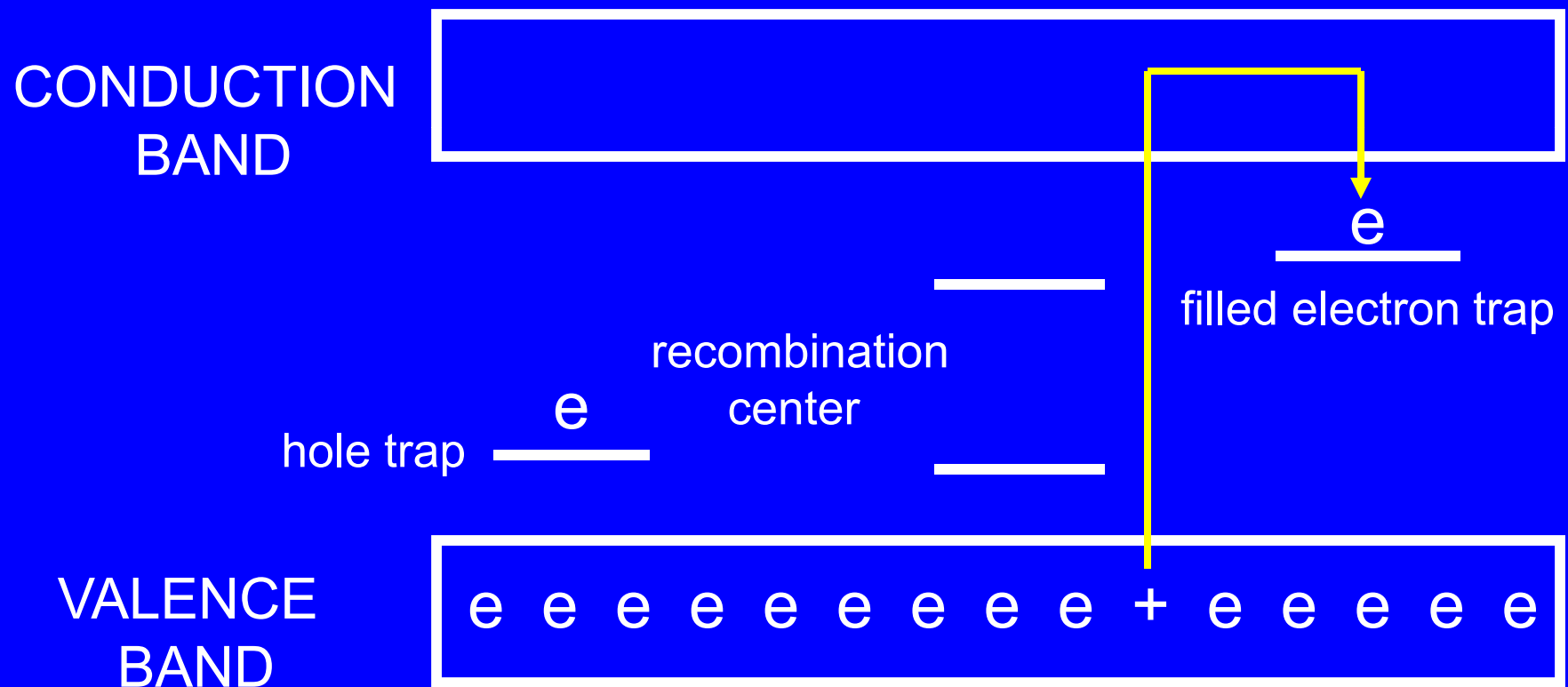
Recombination Centers

Additional imperfections/impurities called recombination centers might play a role in light emission.



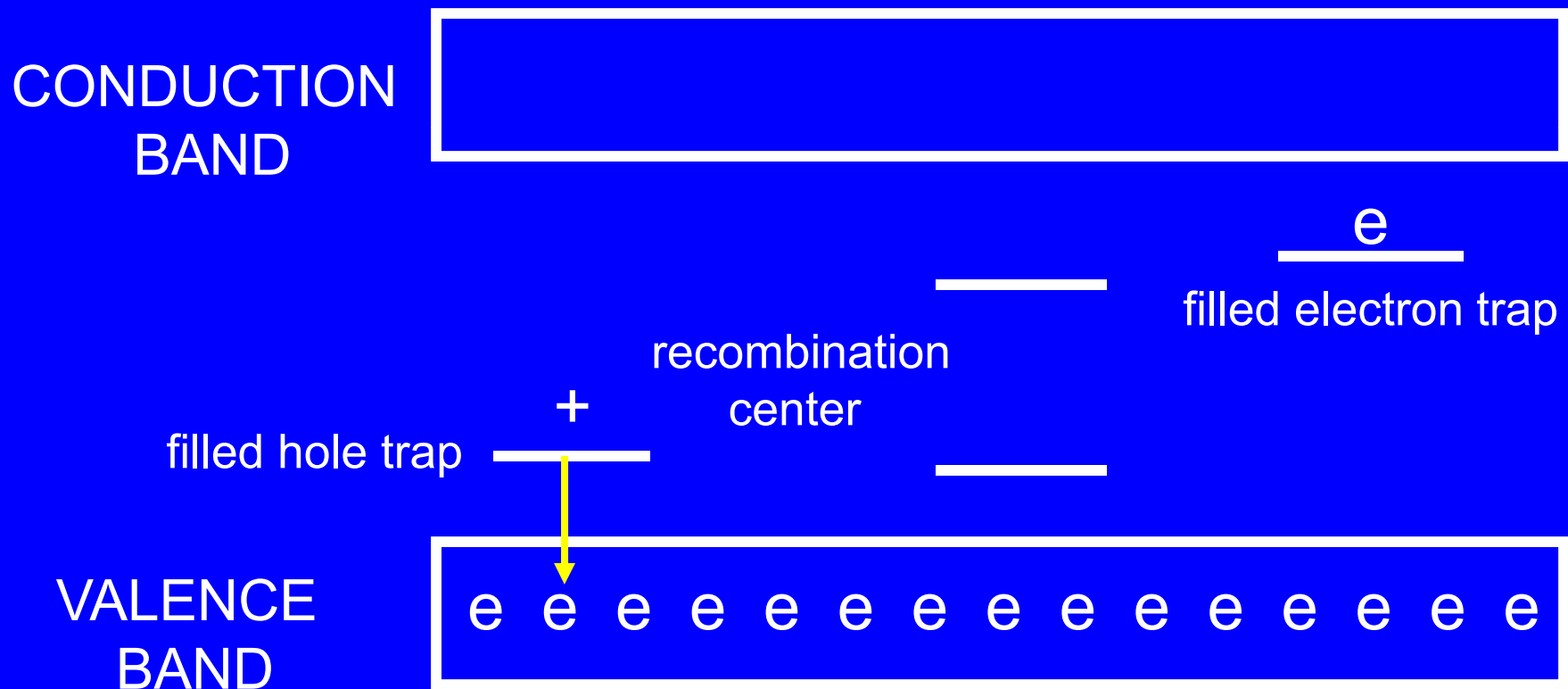
Recombination Centers

Radiation energy is absorbed so that an electron from the valence band moves to an electron trap.



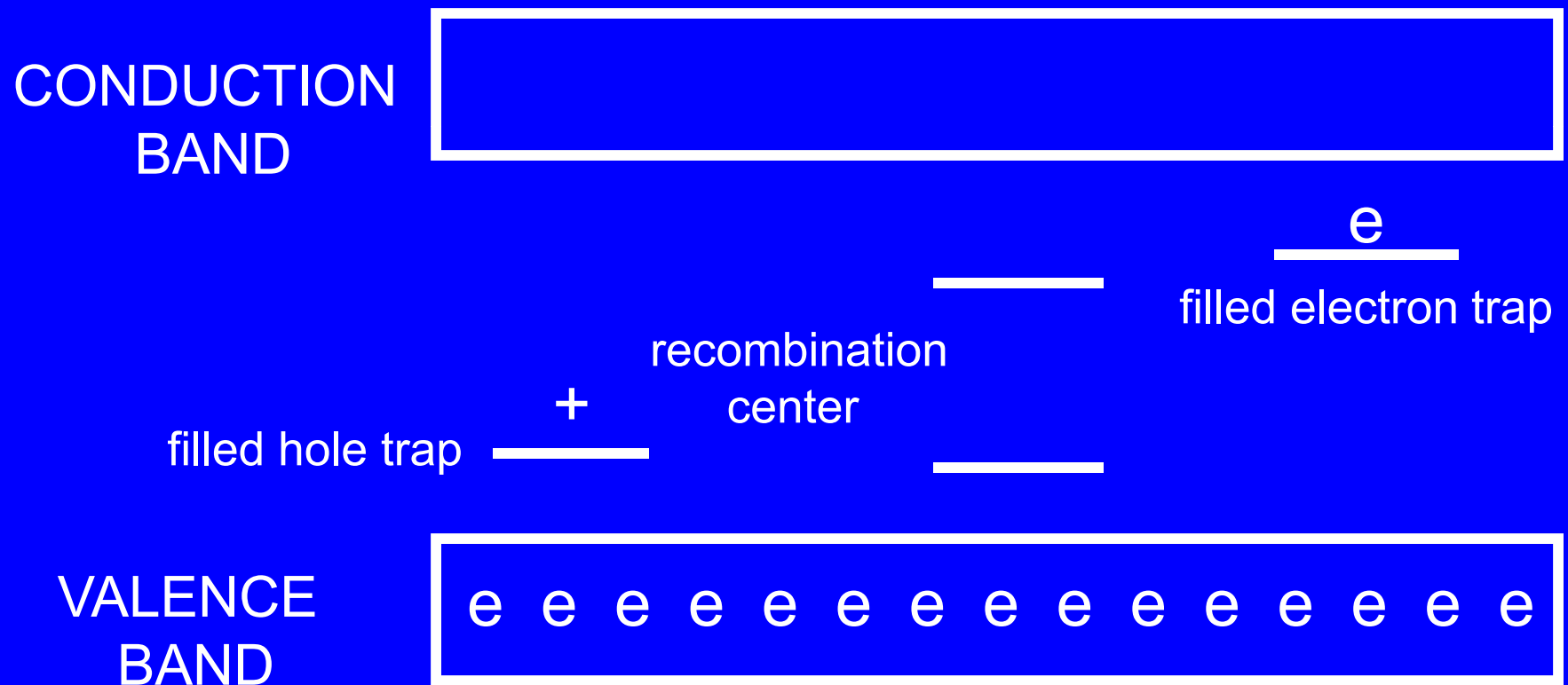
Recombination Centers

The electron in the empty hole trap falls to the valence band, i.e., the hole moves up from the valence band to fill the hole trap.



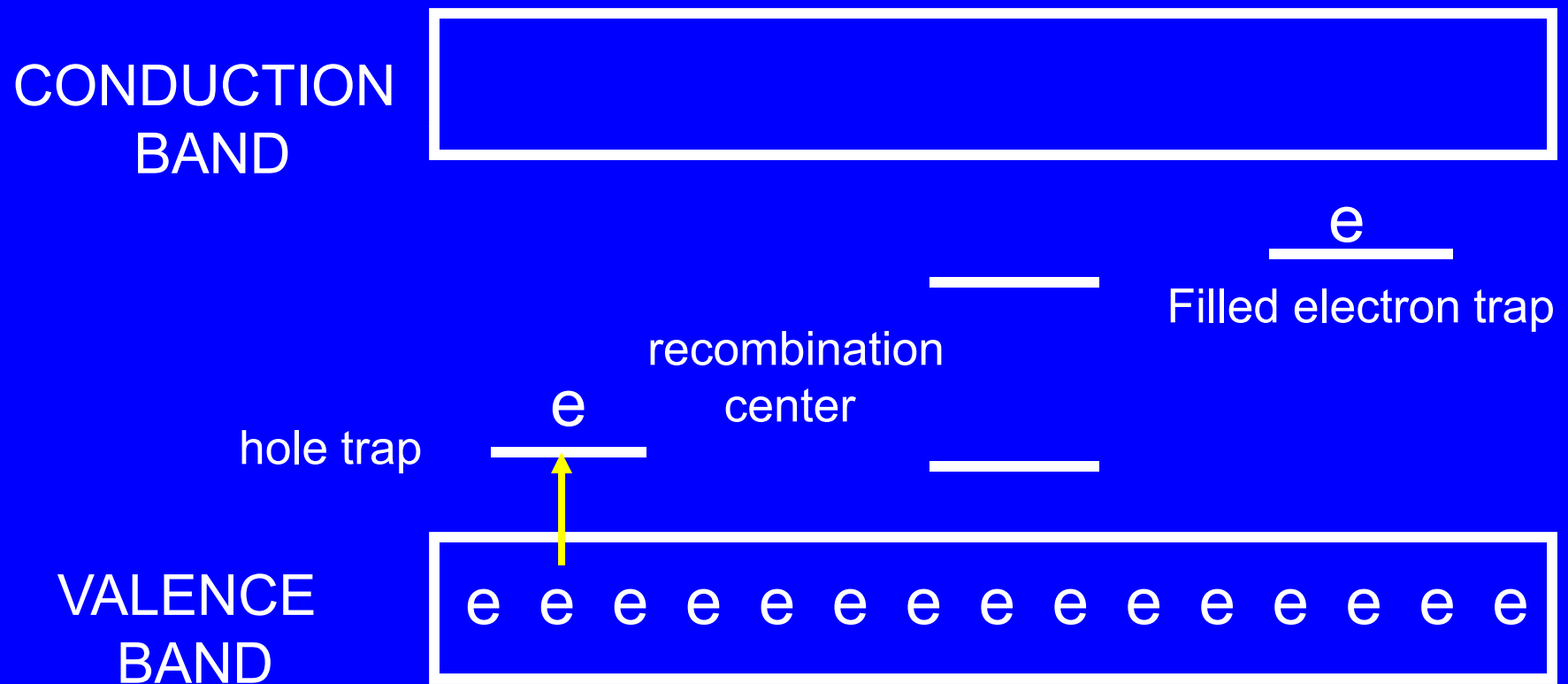
Recombination Centers

The electron trap and hole trap are now filled.



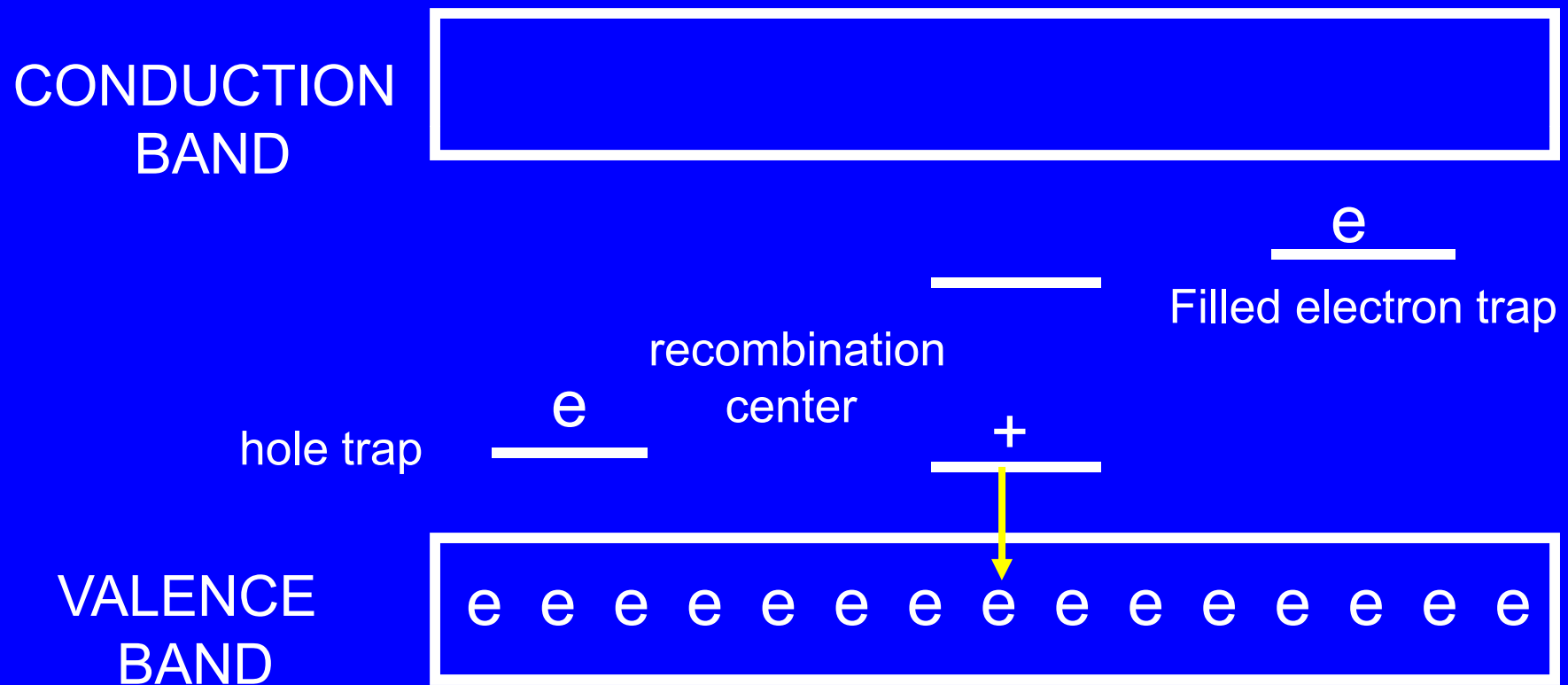
Recombination Centers

Optically or thermally stimulated electron moves from the valence band to the hole trap.



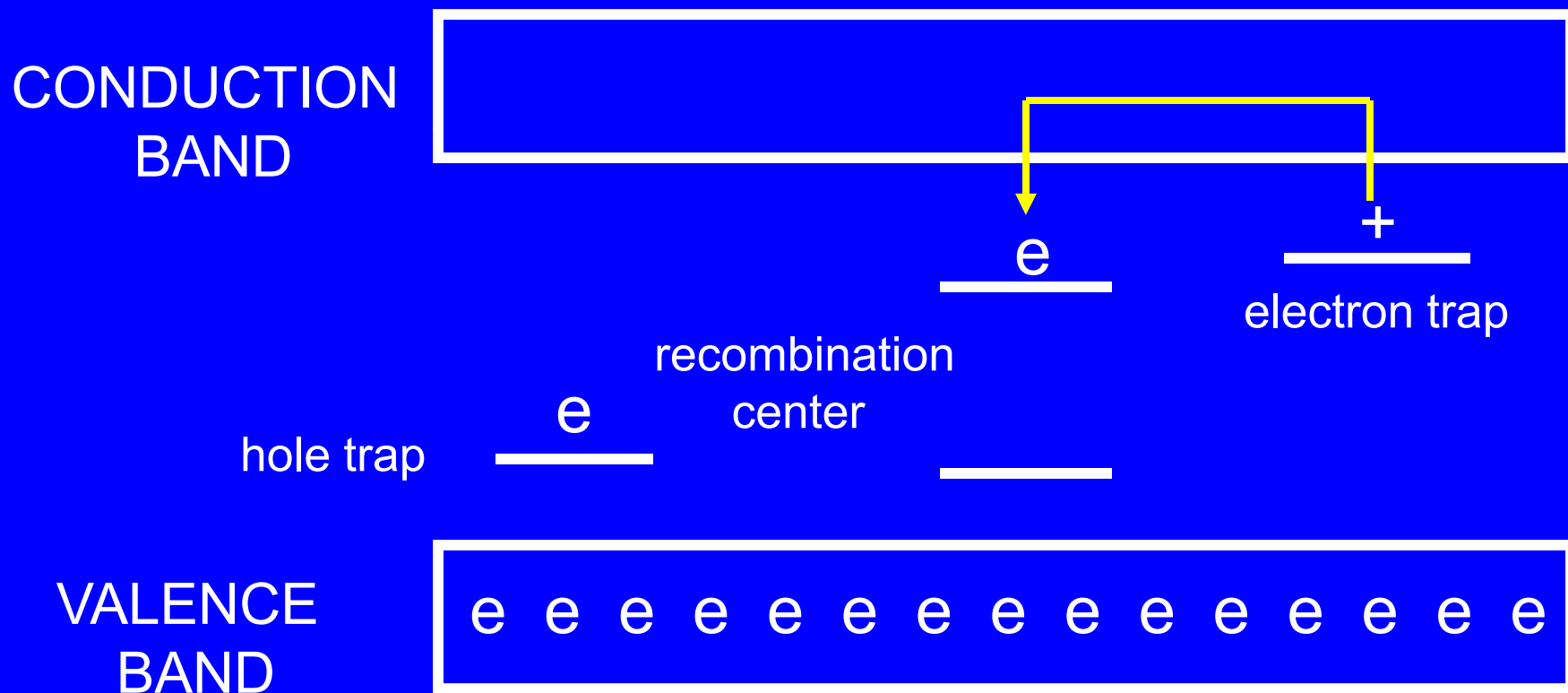
Recombination Centers

An electron from the recombination center fills the vacancy in the valence band.



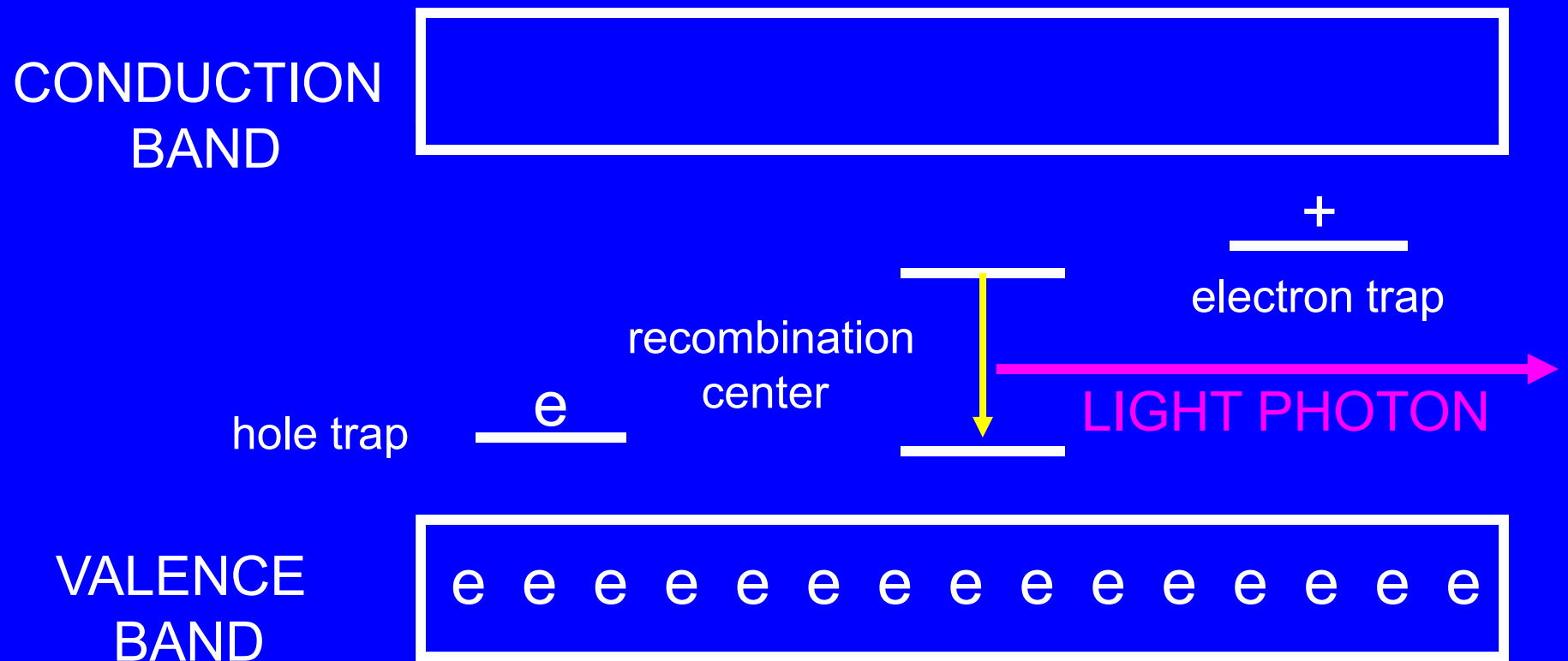
Recombination Centers

Optically or thermally stimulated electron moves from the electron trap to the conduction band and the positively charged recombination center. At the center the electron is in an excited state.



Recombination Centers

The electron at the recombination center deexcites and emits a photon.



Appendix C:

F Centers in Aluminum Oxide

F Centers in Al_2O_3

F^+ (Recombination) Centers

- The recombination centers in aluminum oxide are defects (not impurities) in the crystalline lattice.
- Specifically, a recombination center is a location where an oxygen (O^{2+}) ion is missing, i.e., an oxygen vacancy.
- This recombination center is also known as an F^+ center. The F is for “farben”, the German word for color - such sites can produce color.

F Centers in Al_2O_3

Types of F Centers

- **F centers:** these have two trapped electrons at the oxygen (O^{2+}) vacancy. The two electrons result in charge cancellation – the site is neutral. The prevailing view is that these are hole traps.
- **F^+ centers:** these have one trapped electron at the oxygen (O^{2+}) vacancy. One electron doesn't result in charge cancellation – the site's charge is +1. The prevailing view is that these are recombination centers.

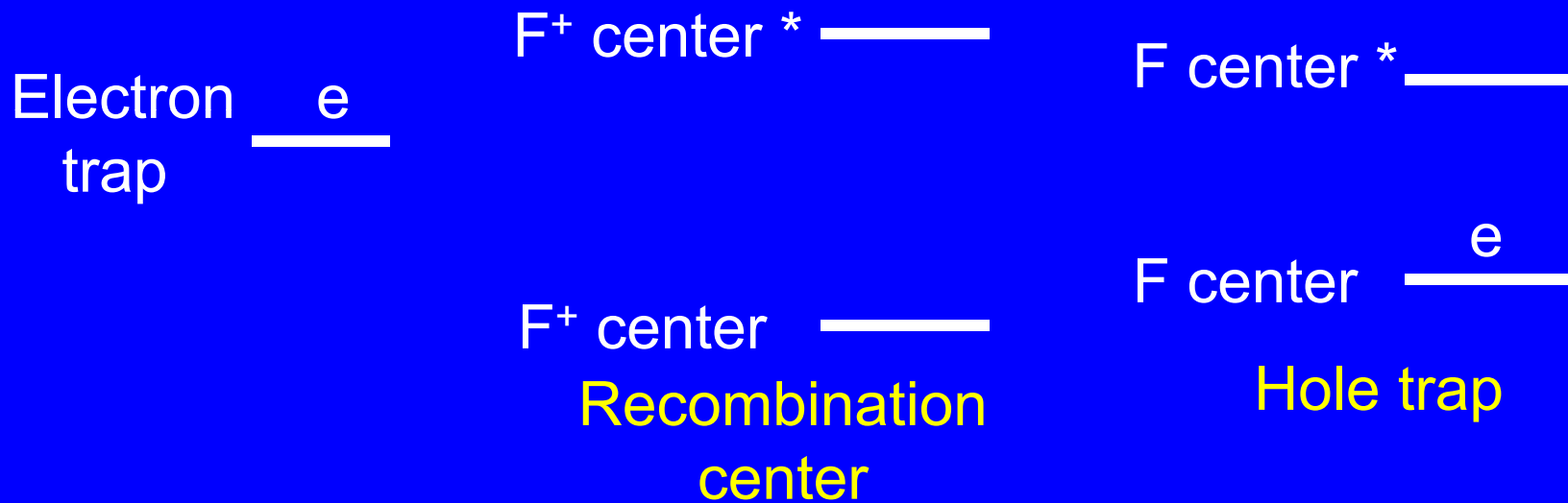
F Centers in Al_2O_3

Energy States of F and F^+ Centers

- Electrons at the F and F^+ centers can possess a number of different energies.
- For simplicity, only two energies are shown for each center: an excited state and a lower energy state.

F Centers in Al_2O_3

CONDUCTION
BAND



VALENCE
BAND

e e e e e e e e e e e e e e e e

F Centers in Al_2O_3

Production of F Centers

- The Al_2O_3 crystals are grown in a reducing atmosphere in the presence of graphite (carbon).
- The reducing atmosphere results in a high concentration of oxygen ion vacancies.
- The use of graphite results in carbon ions (C^{2+}) replacing aluminum ions (Al^{3+}). This increases the number of F^+ centers which increases the OSL and TL sensitivity.

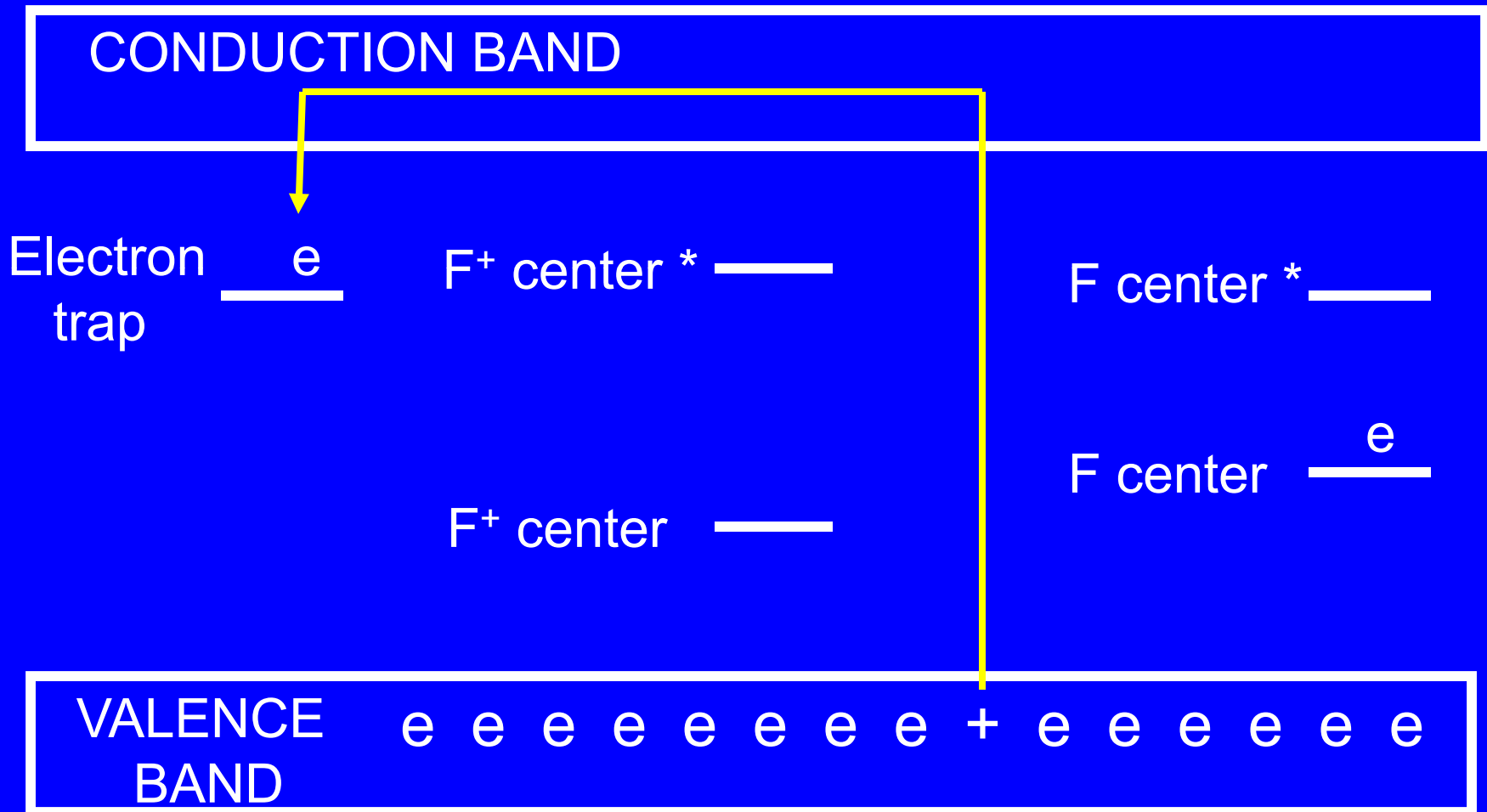
F Centers in Al_2O_3

Absorption of Radiation Energy

- Radiation energy is absorbed by an electron in the valence band.

F Centers in Al_2O_3

An electron is promoted to the conduction band and moves to an electron trap (identity unknown).



F Centers in Al_2O_3

An electron from the F center fills the vacancy in the valence band. This converts the F center to an excited F^+ center (F^{+*}).

CONDUCTION BAND

Electron e
trap

F^+ center *

F^+ center *

F^+ center

F^+ center

VALENCE
BAND

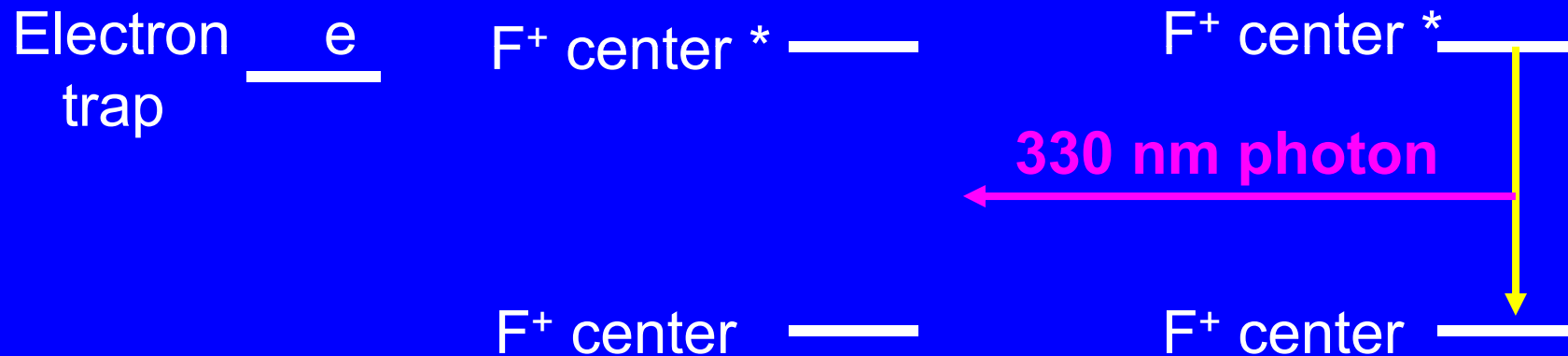
e e e e e e e e e e e e e e e e



F Centers in Al_2O_3

The excited F^+ center (F^{+*}) deexcites with the emission of a 330 nm photon.

CONDUCTION BAND



VALENCE BAND

e e e e e e e e e e e e e e e

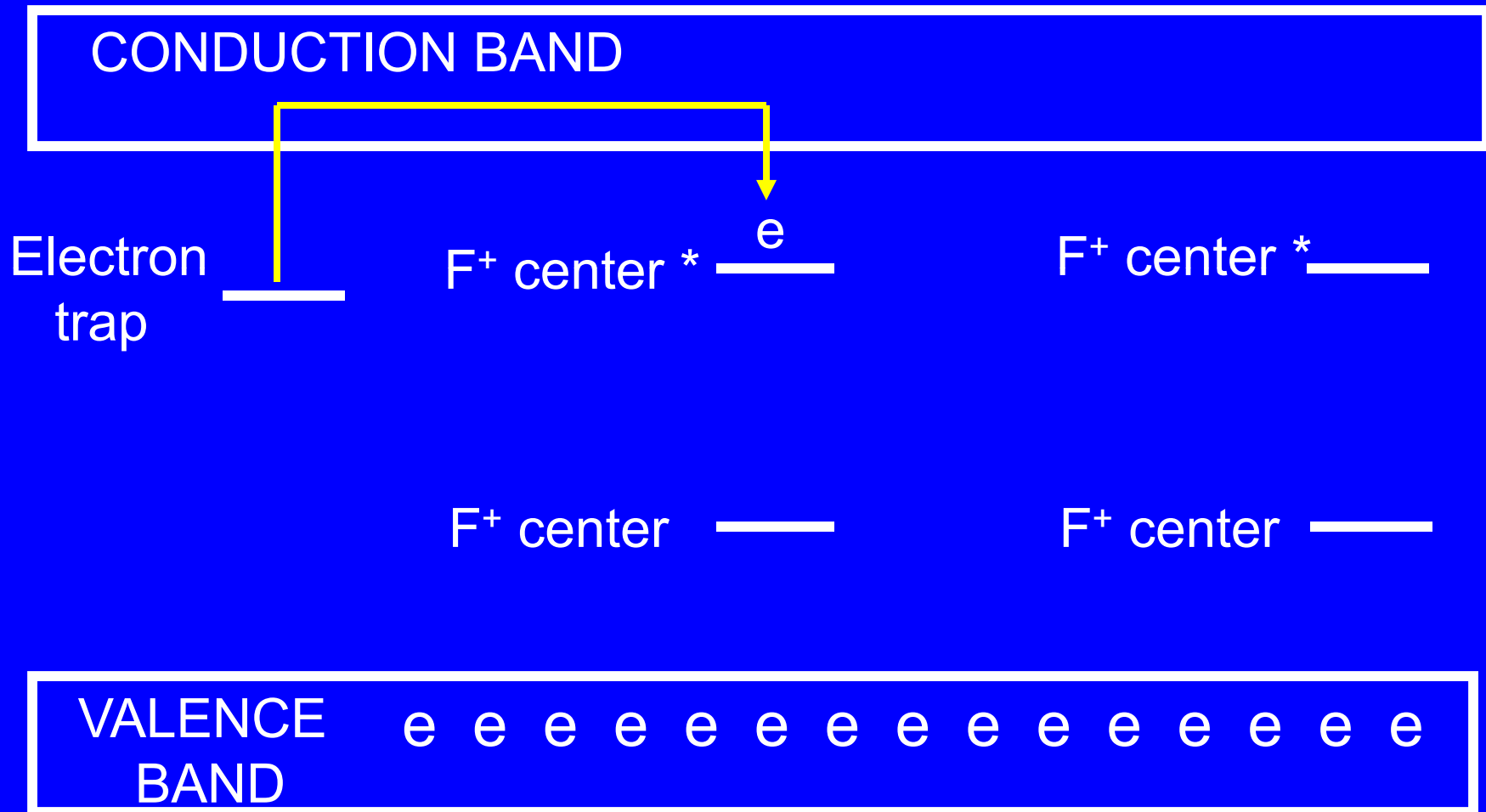
F Centers in Al_2O_3

Freeing of Trapped Particles and Light Emission

- A trapped electron is thermally or optically excited.

F Centers in Al_2O_3

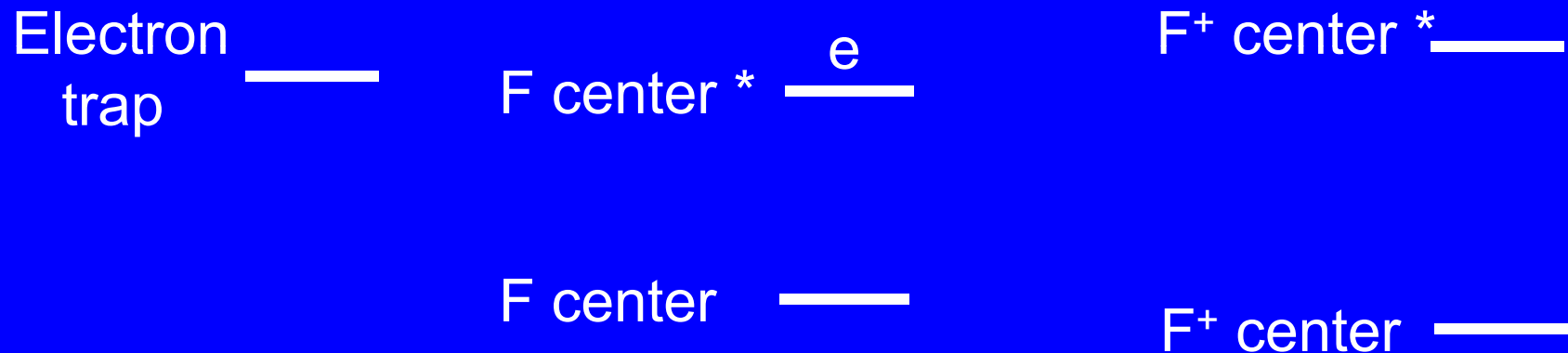
The stimulated electron is promoted to the conduction band. It travels to an F^+ center.



F Centers in Al_2O_3

This converts the F^+ center into an excited F center (F^*).

CONDUCTION BAND



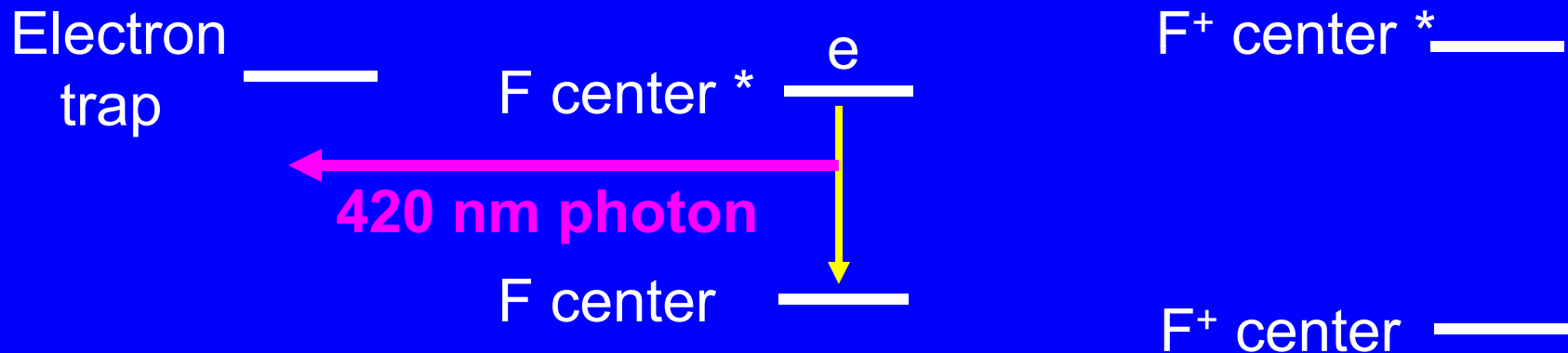
VALENCE
BAND

e e e e e e e e e e e e e e e

F Centers in Al_2O_3

The excited F center (F^*) deexcites with the emission of a 425 nm photon.

CONDUCTION BAND



VALENCE BAND

e e e e e e e e e e e e e e e

F Centers in Al_2O_3

All the trapped energy has been released. We are now back where we started.

CONDUCTION BAND

Electron
trap ———

F center * ———

F⁺ center * ———

F center $\frac{e}{\text{————}}$

F⁺ center ———

VALENCE
BAND

e e e e e e e e e e e e e e e e